

# **MONMOUTH ATHLETICS VISITING TEAM GUIDE**



Monmouth University Department of Athletics  
400 Cedar Avenue  
West Long Branch, NJ 07764  
Phone - (732) 571-3415  
Fax - (732) 571-3535

**MONMOUTH  
UNIVERSITY**

# GENERAL INFORMATION

Nickname: ..... Hawks  
Colors: ..... Midnight Blue (282) and White  
Affiliation: ..... NCAA Division I, Metro Atlantic Athletic Conference  
Mailing Address: ..... 400 Cedar Avenue, West Long Branch, NJ 07764  
Athletics Department Phone Number:..... (732) 571-3415  
Athletics Department Fax Number: ..... (732) 571-3535  
Athletics Website:..... MonmouthHawks.com

## ADMINISTRATION

Dr. Marilyn McNeil	Vice President/Director of Athletics	mmcneil@monmouth.edu	(732) 571-3414
Jeff Stapleton	Senior Associate AD, Internal Affairs	jstaplet@monmouth.edu	(732) 571-3673
Jon Roos	Senior Associate AD, External Affairs	jroos@monmouth.edu	(732) 263-5189
Jennifer Lawlor	Associate AD, Student Athlete Development, SWA	jlawlor@monmouth.edu	(732) 571-3604
Greg Viscomi	Associate AD for New Media & Communications	gviscomi@monmouth.edu	(732) 263-4447
Tom Bieber	Associate AD, Academic Support	tbieber@monmouth.edu	(732) 263-5734
Rich Carragher	Assistant AD, Event Management	rcarragh@monmouth.edu	(732) 571-3675
Karen Edson	Associate AD, Business Affairs	edson@monmouth.edu	(732) 571-3670
Samantha Hegmann	Assistant AD, Compliance	shegmann@monmouth.edu	(732) 263-5833
Mike Iuliucci	Associate AD, Equipment	miuliucc@monmouth.edu	(732) 263-5553
Eddy Occhipinti	Assistant AD, Digital Properties & Broadcasting	eocchipi@monmouth.edu	(732) 263-5750
Simon Rosenblum	Associate AD, Sports Medicine	cwhedon@monmouth.edu	(732) 263-5249
Claude Taylor	Athletics Professor-in-Residence	ctaylor@monmouth.edu	(732) 263-5668
Ken Taylor	Associate AD/Development & Marketing	ktaylor@monmouth.edu	(732) 263-5474
Dr. Richard Veit	Faculty Athletic Representative	rveit@monmouth.edu	(732) 263-5699
Charlene Siciliano	Secretary	csicilia@monmouth.edu	(732) 263-5188
Nancy Benanti	Assistant to the Vice President and Director of Athletics	nbenanti@monmouth.edu	(732) 263-5190

## HEAD COACHES

Dean Ehehalt	Baseball	dehehalt@monmouth.edu	263-5186
King Rice	Men's Basketball	krice@monmouth.edu	571-7584
Jenny Palmateer	Women's Basketball	jpalmate@monmouth.edu	263-5178
Karen Grygiel	Women's Bowling	kgrygiel@monmouth.edu	263-5853
Courtney Ball	Cheerleading	cball@monmouth.edu	571-5175
Joe Compagni	Men's Cross Country - Indoor/Outdoor Track	jcompagn@monmouth.edu	571-3676
Joe Compagni	Women's Cross Country - Indoor/Outdoor Track	jcompagn@monmouth.edu	571-3676
Carli Figlio	Field Hockey	cfiglio@monmouth.edu	263-5348
Kevin Callahan	Football	kcallaha@monmouth.edu	571-7582
Dennis Shea	Director of Golf, Men's Golf	dshea@monmouth.edu	263-5177
Susan DeKalb	Women's Golf	sdekalb@monmouth.edu	571-4426
Brian Fisher	Men's Lacrosse	bfisher@monmouth.edu	263-5310
Eileen Ghent	Women's Lacrosse	eghent@monmouth.edu	263-5655
Robert McCourt	Men's Soccer	rmccourt@monmouth.edu	263-5150
Krissy Turner	Women's Soccer	kturner@monmouth.edu	571-4410
Shannon Salsburg	Softball	ssalsbur@monmouth.edu	571-3648
TBA	Men's Tennis	@monmouth.edu	263-5832
Patrice Murray	Women's Tennis	pmurray@monmouth.edu	263-5175

# SPORTS MEDICINE SERVICES AND FACILITIES

On behalf of the Monmouth University Sports Medicine Staff, we would like to take this opportunity to welcome you and your team to Monmouth University. We hope the following information will be helpful to you during this upcoming season.

## **Visiting teams will have the following available to them:**

- Water, cups, injury ice and emergency equipment
- Biohazard Safety Kit
- Access to the Athletic Training Room before and after the contest
- A Certified Athletic Trainer will be in attendance for all home games

## **Primary Facility: Boylan Gymnasium Athletic Training Room**

- Entry is gained through the blue double doors next to the four large plate glass windows
- Taping and Treatment Tables
- Hot and Cold Whirlpools, Hydrocollator Packs, EMS and Ultrasound units and bikes

## **Please Note:**

- If your team is not traveling with an Athletic Trainer, please call ahead so that we can make the necessary arrangements.
- Please be sure to send a kit along with your team containing any taping/first aid supplies and emergency information which might be needed.
- Lastly, we kindly request that the athlete have a written prescription from a physician or Certified Athletic Trainer for all modalities when a student or no athletic trainer is traveling with your team.
- The Athletic Training Staff **WILL NOT PROVIDE TOWELS FOR SHOWERS OR ACCESS TO LAUNDRY FACILITIES.** If such services are needed, please call the Athletics Department main office at (732) 571-3415 and ask to speak with the Equipment Manager.

# IMPORTANT TELEPHONE NUMBERS

## **SPORTS MEDICINE STAFF:**

Simon Rosenblum	Associate Athletic Director/Sports Medicine	263-5249
Vanessa Sweeney	Associate Director of Sports Medicine	263-5252
Nathan Miker	Head Football Athletic Trainer	571-3672
Aaron Bottinick	Assistant Athletic Trainer	263-5252
Siobhan Huggins-Sullivan	Assistant Athletic Trainer	263-5249
Chuck Whedon	Assistant Athletic Trainer	263-3672
Tom Carroll	Graduate Assistant Athletic Trainer	263-4473
Robert Kirste	Graduate Assistant Athletic Trainer	263-4473
Justina Daley	Graduate Assistant Athletic Trainer	263-4473
Nick Aguilera	Graduate Assistant Athletic Trainer	263-4473

## **MONMOUTH ATHLETICS PHYSICIANS:**

Dr. Vincent DeStasio	Family Practice	(732) 255-3586
Dr. Harry Bade	Orthopedics	(732) 530-4949
Dr. Brian Torpey	Orthopedics	(732) 530-4949
Dr. Greg Foos	Orthopedics	(732) 530-4949

## **FACILITIES/SERVICES:**

Athletic Training Room	Phone: (732) 571-4423 Fax: (732) 263-5265
Monmouth Medical Center:	(732) 222-5200
Monmouth University Police:	(732) 571-3499
Monmouth University Health Center:	(732) 571-3464

Our Sports Medicine Staff is looking forward to working with you. We will be more than happy to cooperate with any visiting athletics teams as best we can. If you have any questions regarding any of this information, please feel free to contact our office.

Best wishes to you and your team for a safe and successful season!

# HOTEL ACCOMODATIONS

## Monmouth Athletics Corporate Sponsors:

Ocean Place Resort and Spa  
One Ocean Blvd.  
Long Branch, N.J. 07740  
Contact: Mindy Gallop  
732-571-5740  
732-571-8974 (fax)  
mgallop@oceanplace.com

Staybridge Suites  
Four Industrial Way East  
Eatontown, N.J. 07724  
Contact: Thomas Fraim  
732-676-5004  
732-380-1234 (fax)  
tfraim@staybridge-eatontown.com

DoubleTree by Hilton Tinton Falls  
700 Hope Road  
Tinton Falls, NJ 07724  
Hotel Phone: (732) 544-9300  
Contact: Cathy Coanda  
(732) 544-9300 x 703  
info.htf.hotel@hotelsunlimited.com  
www.tintonfallseatontown.doubletree.com

Holiday Inn Express & Suites  
West Long Branch  
294 Route 36  
West Long Branch, NJ 07764  
Hotel Phone: (732) 542-1234  
Contact: Brooke Gordon  
(732) 542-1234  
www.hielongbranch.com

Sheraton Eatontown  
6 Industrial Way E.  
Eatontown, NJ 07724  
Contact: Eric Falborn  
(p)732-544-2606  
(f) 732-542-6607  
efalborn@sheratoneatontown.com

Comfort Inn & Suites  
3 Centre Plaza  
Tinton Falls, NJ 07724  
(p)732-389-4800  
www.comfortinnjerseyschore.com

# DINING SUGGESTIONS

## Corporate Partners of Monmouth University Athletics

**Sonic: America's Drive-In**  
994 Shrewsbury Ave., Tinton Falls  
**Telephone:** (848) 456-4150

**McLoone's Asbury Grille**  
1200 Ocean Ave, Asbury Park  
**Telephone:** (732) 774-1400

**University Subs and Deli**  
142 Wall Street, West Long Branch  
**Telephone:** (732) 222-0537  
**Fax:** (732) 222-0115

**Rooney's Ocean Crab House**  
100 Ocean Ave., Long Branch  
**Telephone:** (732) 870-1200

# DIRECTIONS TO CAMPUS

## **From the Garden State Parkway:**

Take Exit 105. The Parkway off ramp leads directly onto Route 36 East. Continue on Route 36 East approximately 3 miles to Route 71. Turn right onto Route 71 (will fork left and become Cedar Avenue). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on your left.

## **From the NJ Turnpike South:**

Take Turnpike North to Exit 7A. After toll plaza, take I-195 east to "Shore Points". Approaching Belmar, I-195 becomes NJ Route 138. After crossing Parkway, exit right to NJ Route 18 North marked "Eatontown". Take Deal Road exit and drive east to intersection at Monmouth Road. Turn left and proceed to third traffic light, which is Cedar Avenue. Turn right on Cedar (also labeled NJ 71 South). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on your left.

## **From the NJ Turnpike North:**

Take Turnpike South to Exit 11 (Garden State Parkway South). Take Exit 105. The Parkway off ramp leads directly onto Route 36 East. Continue on Route 36 East approximately 3 miles to Route 71. Turn right onto Route 71 (will fork left and become Cedar Avenue). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on your left.

## **From Trenton and points West:**

Take I-195 east. Approaching Belmar, I-195 becomes NJ Route 138. After crossing Parkway, exit right to NJ Route 18 North marked "Eatontown". Take Deal Road exit and drive east to intersection at Monmouth Road. Turn left and proceed to third traffic light, which is Cedar Avenue. Turn right on Cedar (also labeled NJ 71 South). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on your left.

## **From Freehold area:**

Take U.S. Route 9 South to I-195 east. Approaching Belmar, I-195 becomes NJ Route 138. After crossing Parkway, exit right to NJ Route 18 North marked "Eatontown". Take Deal Road exit and drive east to intersection at Monmouth Road. Turn left and proceed to third traffic light, which is Cedar Avenue. Turn right on Cedar (also labeled NJ 71 South). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on your left.







# CROWD CONTROL POLICY - BASKETBALL

The following information pertains to the crowd control guidelines set forth by the Monmouth University Athletics Department for the Men's Basketball Program.

1. An Athletics host will meet the visiting team upon their arrival to the OceanFirst Bank Center to escort them to their locker room.
2. Two or more Monmouth University Police Officers will be stationed in and around the OceanFirst Bank Center by the start of the contest.
3. At the conclusion of the first half, two Monmouth Athletics Representatives will escort both the "home" and "visiting" teams to their locker rooms.
4. During half-time, a Monmouth University Police Officer will be stationed in the hallway outside the visitor's locker room until both teams have returned to the court for the second half.
5. At the conclusion of the game, two Monmouth Athletics Representatives will escort the "home" and "visiting" teams to their respective locker rooms. During this time, a Monmouth University Police Officer will be stationed in the hallway between the locker rooms.
6. A Monmouth Athletics Representative will escort the referees to their locker room at the conclusion of both the first half and the end of the game.

All spectators will be required to be seated during the playing of the contest. Any disturbances that may occur in the stands will be handled by the Monmouth University Police and the game supervisor.

\*\* ADA and companion seating is available on the Concourse Level behind Sections D, G, and P.

# WOMEN'S BASKETBALL INFORMATION SHEET

1. **SITE, FLOOR SURFACE:** OceanFirst Bank Center, Hardwood
2. **MONMOUTH UNIFORM COLOR:** White Jersey, White Shorts
3. **PARKING:** Team Bus - Enter Cedar Avenue Entrance  
Drop off equipment/players at MAC Loading Dock  
Park buses in Loading Dock.
4. **LOCKER ROOM FACILITIES:** Dressing area located in "visting" locker room.
5. **SHOWERS:** Yes                                   **TOWELS:** Yes
6. **MEDICAL COVERAGE:**           **CERTIFIED ATHLETIC TRAINER:** Yes  
**TEAM PHYSICIAN:** Yes   **AMBULANCE:** On Call  
**WOMEN'S BASKETBALL TRAINER:** Siobhan Huggins-Sullivan, ATC (732) 263-5249
7. **SPORTS MEDICINE SET-UP:**

<b>VISITING LOCKER ROOM</b> Tables, Water, Ice, Cups, Electrolyte Biohazard Container	<b>VISITING BENCH</b> Water, Cups, Ice, Biohazard Container
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**EMERGENCY EQUIPMENT:** Spine Board, Splints, Crutches/Immobilizers
8. **BEVERAGES POSTGAME:** Yes
9. **PRESS ROW:** Two (2) seats available for SID/Athletics Director.
10. **PRESS CREDENTIALS:** Contact Greg Ott — (732) 263-5834
11. **RADIO/T.V. STATIONS:** Contact Greg Ott — (732) 263-5834
12. **IMPORTANT PHONE NO.:** Monmouth Athletics (732) 571-3415  
Head Coach: Jenny Palmateer (732) 263-5178  
Senior Associate AD: Jennifer Lawlor (732) 571-3604
13. **VISITORS BENCH:** To the Left of the Scorer's Table (from floor).

# BOWLING INFORMATION SHEET

1. **SITE:**

2. **MONMOUTH UNIFORM COLOR:**

3. **PARKING:** Team Bus - Enter Cedar Avenue Entrance

Drop off equipment/players at MAC Loading Dock

Park buses in Loading Dock.

4. **DRESSING AND PRE-GAME FACILITY:** Dressing area located in women's locker room/MAC.

5. **SHOWERS:** Yes

TOWELS: No

6. **MEDICAL COVERAGE:** CERTIFIED ATHLETIC TRAINER: Yes

AMBULANCE: On Call

ATHLETIC TRAINER: Nick Aguilera, ATC (732) 263-5252

7. **SPORTS MEDICINE SET-UP:**

VISITING LOCKER ROOM

VISITING BENCH

Tables, Biohazard Container

Water, Cups, Ice,

Biohazard Container

EMERGENCY EQUIPMENT (HOME BENCH): Spine Board, Splints, Crutches/Immobilizers.

Use of Athletic Training Facility as needed.

8. **PRESS CREDENTIALS:** Contact Mark Mohrman — (732) 571-5180

9. **RADIO/T.V. STATIONS:** Contact Mark Mohrman — (732) 571-5180

10. **IMPORTANT PHONE NO.:** Head Coach: Karen Grygiel

(732) 263-5853

Senior Associate AD: Jennifer Lawlor

(732) 571-3604

# CROSS COUNTRY INFORMATION SHEET

- 1. SITE:** Holmdel Park, Holmdel, N.J.
- 2. MONMOUTH UNIFORM COLOR:** White and Navy Blue Singlet, Navy Blue Shorts.
- 3. PARKING:** Lower or middle parking areas.
- 4. DRESSING AND PRE-GAME FACILITY:** Come Dressed.
- 5. SHOWERS:** No (Available on campus/20 minutes away.) **TOWELS:** No
- 6. MEDICAL COVERAGE:**  
CERTIFIED ATHLETIC TRAINER: On Call  
AMBULANCE: On Call  
HEAD ATHLETIC TRAINER: Robert Kirste, ATC (732) 571-4473
- 7. SPORTS MEDICINE SET-UP:** Water, Cups, Ice, Biohazard Container  
EMERGENCY EQUIPMENT : Spine Board, Splints, Crutches/Immobilizers. Use of Athletic Training Facility as needed.
- 8. PRESS CREDENTIALS:** Contact Jarred Weiss — (732) 263-5557
- 9. RADIO/T.V. STATIONS:** Contact Jarred Weiss — (732) 263-5557
- 10. IMPORTANT PHONE NO.:** Head Coach: Joe Compagni (732) 571-3676  
Senior Associate AD: Jon Roos (732) 263-5189
- 11. THE COURSE:** Each mile will be marked on race day. Surface is grass fields and dirt/sand trails. The course is rolling (2-4 large hills). Spikes are recommended. This course is used for all major New Jersey High School Championship meets. It has been the site of the Monmouth Invitational every year since 2002, and the location of the 2003 and 2008 Northeast Conference Championships.
- 12. FACILITIES:** No changing facilities will be available at the park. Locker rooms are available on campus if requested in advance. Rest rooms will be available near the start/finish line and in the main building at the park. Please be aware that teams are not permitted in certain areas of the park.

# DIRECTIONS TO HOLMDEL PARK

## **FROM ALL POINTS:**

Take the Garden State Parkway to Exit 114. After the exit, go west on to Red Hill Road (Southbound, turn right onto Red Hill Rd; northbound, turn left onto Red Hill Rd.). Follow the brown signs to Holmdel County Park and Historic Longstreet County Farm. At the second light, take a downhill right on to Everett Road (which changes to Crawford's Corner). Go left after passing Lucent Technologies on to Roberts Road and then right just before the park on to Longstreet Road. Turn left into Holmdel Park and follow signs to the lower or middle parking lot. The starting line and team check-in will be near the shelter in the lower parking lot.

# FIELD HOCKEY INFORMATION SHEET

1. **SITE & FIELD SURFACE:** So-Sweet-A-Cat Field, Water-based AstroTurf
2. **MONMOUTH UNIFORM COLOR:** White Jersey, Navy Kilts
3. **PARKING:** Team Bus - Enter Cedar Avenue Entrance  
Drop off equipment/players at MAC Loading Dock  
Park buses in Loading Dock.
4. **DRESSING AND PRE-GAME FACILITY:** Dressing area located in women's locker room/MAC.
5. **SHOWERS:** Yes                      **TOWELS:** No
6. **MEDICAL COVERAGE:**     **CERTIFIED ATHLETIC TRAINER:** Yes  
   **AMBULANCE:** On Call  
   **FIELD HOCKEY ATHLETIC TRAINER:** Justina Daley, ATC (732) 263-4473
7. **SPORTS MEDICINE SET-UP:**

<b>VISITING LOCKER ROOM</b> Tables, Biohazard Container	<b>VISITING BENCH</b> Water, Cups, Ice, Biohazard Container
<b>EMERGENCY EQUIPMENT (HOME BENCH):</b> Spine Board, Splints, Crutches/Immobilizers. Use of Athletic Training Facility as needed.	
8. **PRESS CREDENTIALS:** Contact Jarred Weiss — (732) 263-5557
9. **RADIO/T.V. STATIONS:** Contact Jarred Weiss — (732) 263-5557
10. **IMPORTANT PHONE NO.:** Head Coach: Carli Figlio                                         (732) 263-5348  
   Associate Head Coach: Jill DiSanti                                         (732) 263-5322  
   Sports Supervisor: Jarred Weiss                                         (732) 263-5387
11. **PRE-GAME:** The field is available an hour prior to the start of the game.



# MEN'S GOLF INFORMATION SHEET

1. **HOME COURSE:** Deal Golf & Country Club, Deal, N.J.
2. **LOCKER FACILITIES:** Locker facilities are not available to teams playing matches at Deal Golf & Country Club.
3. **MATCH ATTIRE:** Proper golf attire is required at all times. Attire consists of collared shirts and bermuda type shorts or golf slacks. Jeans and cutoffs are not permitted. All teams are asked to arrive at Deal Golf & Country Club dressed in match attire.
4. **RANGE FACILITIES:** The practice range will be made available for visiting teams and are asked to arrive 30 minutes prior to the tee time for possible range time and course rules interpretations. WOODS ARE NOT ALLOWED ON THE RANGE. IRONS ONLY.
5. **IMPORTANT PHONE NUMBER AND CONTACTS:**  
Head Coach: Dennis Shea (732) 263-5177  
Senior Associate AD: Jon Roos (732) 571-3604

## DIRECTIONS TO DEAL GOLF & COUNTRY CLUB

- Take Garden State Parkway to Exit 105. Proceed east approximately 2 miles.
  - Take right onto Route 35 South. Proceed approximately 3 miles.
  - Take Deal Road (jug handle, left turn).
  - Proceed east on Deal Road to end of road.
  - Turn right onto Monmouth Road.
  - Proceed 5 short blocks to Roseld Avenue. Turn left.
  - Proceed 0.2 miles to club entrance on right.
- |           |                |
|-----------|----------------|
| Phone:    | (732) 531-1190 |
| Pro Shop: | (732) 531-1198 |



# WOMEN'S GOLF INFORMATION SHEET

1. **HOME COURSE:** Suneagles Golf Club at Fort Monmouth, Eatontown, N.J.
2. **LOCKER FACILITIES:** Locker facilities are not available to teams playing matches at Suneagles Golf Club.
3. **MATCH ATTIRE:** Proper golf attire is required at all times. Attire consists of collared shirts and bermuda type shorts or golf slacks. Jeans and cutoffs are not permitted.
4. **RANGE FACILITIES:** The practice range will be made available for visiting teams. Teams are asked to arrive 45 minutes prior to the tee time for possible range time and course rules interpretations.
5. **IMPORTANT PHONE NUMBER AND CONTACTS:**

Head Coach: Susan DeKalb	(732) 571-4426
Suneagles Golf Club:	(732) 389 -9211
Senior Associate AD: Jon Roos	(732) 571-3604

## DIRECTIONS TO SUNEAGLES GOLF CLUB

- Take Garden State Parkway to Exit 105. Immediately past first light take jug handle on right (Hope Rd).
- Take Hope Rd. to fourth light (course will be on the right).
- Make right onto Tinton Ave.
- Proceed 500 yards to club entrance on right.









