

CROSS COUNTRY RECORDS

MEN'S CROSS COUNTRY

Site	Distance	Name	Time	Year
Holmdel Park (Holmdel, N.J.)	8k	Nick Pellegrino	26:25.8	2003
Holmdel Park (Holmdel, N.J.) [new in 2012]	8k	Khari Bowen	26:20.7	2013
Thompson Park (Lincroft, N.J.)	6k	Matt Caporaso	18:59.1	2005
Thompson Park (Lincroft, N.J.) [new in 2009]	6k	Khari Bowen	19:22.0	2011
Tatum Park (Holmdel, N.J.)	8k	Felix Olivo	26:26.2	1998
Van Cortlandt Park (Bronx, N.Y.)	8k	Felix Olivo	25:26.7	1998
Lehigh University (Bethlehem, Pa.)	8k	Felix Olivo	24:34.78	1998
Lehigh University (Bethlehem, Pa.)	10k	Brian Hoffman	32:00.58	2001
Princeton University (Princeton, N.J.)	8k	Khari Bowen	24:42	2013
Princeton University (Princeton, N.J.)	10k	Pete Forgach	34.14	2008
Dartmouth Golf Course (Hanover, N.H.)	8k	Pete Forgach	26:27.4	2008
West Branch Course (Lock Haven, Pa.)	10k	Nick Pellegrino	31:52	2003
Quinnipiac (Hamden, Conn.)	8k	Pete Forgach	25:52.4	2009
Stanley Quarter Park (New Britain, Conn.)	5.1mi	Ben Hutterer	25:51.9	2010
Franklin Park (Boston, Mass.)	10k	Felix Olivo	31.24	1996
Universtiy of Delaware (Newark, Del.)	8k	Felix Olivo	26:09	1998
Rider University	8k	Felix Olivo	25:33	1996
Saint Francis (Pa.)	8k	Felix Olivo	25:33	1996
Saint Francis (Pa.) - New Course	8k	Matt Caporaso	27:16	2005
Lafayette College (Easton, Pa.)	8k	Nick Pellegrino	26:17	2001
Belmont Plateau (Philadelphia, Pa.)	8k	Brian Hoffman	25:58.1	2001
Garrett Mountain (West Paterson, N.J.)	8k	E. Hendricks, P. Ward, R. Ash	25:41	1985
SUNY Albany	8k	Craig Segal	26:02.1	2006
U.S. Naval Academy	10k	Felix Olivo	32:16.59	1998
Canann Valley Golf Resort	10k	Nick Pellegrino	32:21.4	2002
Penn State (State College, Pa.)	10k	Ben Hutterer	32:38	2010
University of Maryland Eastern Shore	10k	Khari Bowen	32:02.0	2011
Bryant University	8k	Khari Bowen	25:15.8	2012

CROSS COUNTRY RECORDS

WOMEN'S CROSS COUNTRY

Site	Distance	Name	Time	Year
Holmdel Park (Holmdel, N.J.)	5k	Jennifer Nelson	18:23.9	2011
Thompson Park (Lincroft, N.J.)	4k	Katina Alexander	14:31.1	2005
Thompson Park (Lincroft, N.J.) [new in 2009]	4k	Christina Nelson	14:18.8	2010
Tatum Park (Holmdel, N.J.)	5k	Lisa Flood	19:05.5	1999
Van Cortlandt Park (Bronx, NY)	5k	Jennifer Nelson	18:26.0	2011
Lehigh University (Bethlehem, Pa.)	5k	Jackie O'Rourke	18:23.45	1991
Lehigh University (Bethlehem, Pa.)	6k	Cailin Lynam	21:38	2007
Princeton University (Princeton, N.J.)	6.1k	Amanda Eller	22:17	2012
Dartmouth Golf Course (Hanover, N.H.)	5.6k	Cailin Lynam	20:51.2	2008
West Branch Course (Lock Haven, Pa.)	6k	Malia Lyles	22:49	2006
Quinnipiac (Hamden, Conn.)	5k	Cailin Lynam	18:19.8	2000
Stanley Quarter Park (New Britain, Conn.)	5k	Jennifer Nelson	17:43.9	2010
University of Delaware (Newark, Del.)	5k	Tammy Grazia	20:35	1998
Rider University	5k	Jen Flood	19:17	1995
Saint Francis (Pa.)	5k	Katina Alexander	19:47	2005
Lafayette College (Easton, Pa.)	5k	Kim Sheekey	19:30	1993
Lafayette College (Easton, Pa.)	6k	Katina Alexander	21:25.9	2005
Belmont Plateau (Philadelphia, Pa.)	5k	Katina Alexander	19:07.5	2004
Garrett Mountain (West Paterson, N.J.)	5k	Madeline Hoos	20:10	1998
SUNY Albany	5k	Malia Lyles	19:02.9	2006
U.S. Naval Academy	5k	Lisa Flood	19:52.3	1998
Canaan Valley Golf Resort	6k	Tara Losito	23:30.7	2002
Penn State (State College, Pa.)	6k	Jennifer Nelson	21:55	2010
University of Maryland Eastern Shore	6.5k	Jennifer Nelson	23:06.5	2011
Bryant University	5k	Kelsey Maher	18:27.6	2012

MAG FACILITY RECORDS

MEN'S INDOOR

Event	Name(s)	School/Team	Mark	Date
60m	Ashhad Agyapong	Amk International	6.80	Moonlight @ MAC 2/1/12
60m Hurdles	Jermaine Morris	Amk International	7.91	Moonlight @ MAC 2/20/13
200m	Kelly Fisher	Unattached	22.04	Moonlight @ MAC 2/26/14
300m	Charles Cox	Unattached	34.79	MAC Classic 12/7/14
400m	Charles Cox	Shore AC	48.21	Moonlight @ MAC 2/1/12
500m	Tyrone Ross	Garden State	1:04.64	MU Collegiate Open 2/8/14
600m	Dylan Capwell	Monmouth	1:21.43	MAC Classic 12/7/13
800m	Ford Palmer	Monmouth	1:53.81	Blue-White Inv. 1/5/13
1000m	Dylan Capwell	Monmouth	2:27.93	Blue-White Inv. 1/11/14
Mile	Sean Hartnett	Monmouth	4:17.58	Moonlight @ MAC 2/20/13
3000m	Mike Soroko	Rider	8:31.05	Rider Dual 1/14/10
5000m	James Naglieri	Wagner	14:49.16	Moonlight @ MAC 2/26/14
4x55m Relay	Navarro, Robinson, Walker, Krupka	Monmouth	25.89	MAC Classic 12/4/10
4x400m Relay	Persson, Garcia, Saporito, Ross	Garden State	3:22.33	MU Collegiate Open 2/8/14
4x800m Relay	Eder, Kuter, Rousseau, Waite	Garden State	8:25.97	MU Collegiate Open 2/8/14
4x1600m Relay	Saeed, Baumbach, Mendez, Singleton	NJIT	18:09.48	MAC Classic 12/5/09
1600m SM Relay	Carlin, Baptise, DeFranco, Wesh	Rider	3:29.04	Blue-White Inv. 1/5/13
4000m DM Relay	Hutterer, Egan, Ryan, DeBlasio	Monmouth	10:39.04	Rider Dual 1/13/11
High Jump	Tommy Butler	Monmouth	6'10.75"	Rider Dual 1/13/11
Long Jump	Tim Boeni	Shore AC	25'4"	USATF-NJ 1/26/13
Triple Jump	Steven Brown	Rider	48'6"	Blue-White Inv. 1/5/13
Pole Vault	Craig VanLeeuwen	Apex Vaulting	17'0"	Blue-White 2/18/12
Shot Put	Errol Jeffrey	Monmouth	61' 1.25"	Blue-White Inv. 1/11/14
Weight Throw	Errol Jeffrey	Monmouth	64' 0.50"	Blue-White Inv. 2/18/12
HJ Relay	Butler/Kramer	Monmouth	13'0"	MAC Classic 12/4/10
PV Relay	Subai/Matano	Monmouth	29'7.25"	MAC Classic 12/4/10
LJ Relay	Kelsey/Lewis	Monmouth	45'6"	MAC Classic 12/4/10
TJ Relay	Waltman/Kramer	Monmouth	83'6.5"	MAC Classic 12/4/10
SP Relay	Elardo/Ciccoli	Monmouth	112'7.25"	MAC Classic 12/4/10
WT Relay	Elardo/Ciccoli	Monmouth	105'11.75"	MAC Classic 12/4/10

MAG FACILITY RECORDS

WOMEN'S INDOOR

Event	Name(s)	School/Team	Mark	Date
60m	Miriam Khan	Amk International	7.64	Moonlight @ MAC 2/1/12
60m Hurdles	Chanel Rogers	Georgian Court	8.91	Moonlight @ MAC 2/20/13
200m	Mariah Toussaint	Monmouth	25.12	Blue-White Inv. 1/11/14
300m	Michelle Losey	Monmouth	40.25	MAC Classic 12/5/09
400m	Rachel Watkins	Monmouth	58.12	Moonlight @ MAC 2/20/13
500m	Sophia Smellie	Unattached	1:11.10	Blue-White Inv. 1/5/13
600m	Lorain McKenzie	Unattached	1:31.70	MAC Classic 12/7/11
800m	Ajee Wilson	Unattached	2:07.45	Rider Dual 1/13/11
Mile	Julie Williams	Adrenaline	4:58.34*	Miler's Night 2/21/13
3000m	Amanda Eller	Monmouth	10:10.26	Blue-White Inv. 1/5/13
5000m	Kelsey Maher	Monmouth	18:33.03	Moonlight at MAC 2/20/13
4x55m Relay	Winder, Wallace, Daughtry, Dotday	Monmouth	29.37	MAC Classic 12/3/11
4x400m Relay	Williams, Olsen, Coakley, Frye	Monmouth	3:56.89	MAC Classic 12/7/13
4x800m Relay	Penn, McKeon, Hanlon, Branco	Monmouth	10:01.78	MU Collegiate Open 2/8/14
4x1600m Relay	Szulewski, Lepas, Eller, Altland	Monmouth	21:36.92	MAC Classic 12/4/10
1600m SM Relay	Valente, Jensen, Macchirole, Kirk	Wagner	4:15.78	Moonlight @ MAC 2/20/13
4000m DM Relay	Eller, Walsh, MacEwen, C.Nelson	Monmouth	12:23.66	Rider Dual 1/13/11
High Jump	Rachel Watkins	Monmouth	5'10"	MAC Classic 12/1/12
Long Jump	Mariah Toussaint	Monmouth	20'8"	Blue-White Inv. 1/11/14
Triple Jump	Tiffany Dawson	Wagner	38' 7.75"	Blue-White Inv. 2/5/11
Pole Vault	Lauren McDonald	Monmouth	11' 9.75"	Blue-White Inv. 1/11/14
Shot Put	Tiffany Okieme	Georgian Court	51' 7.75"	Moonlight @ MAC 2/26/14
Weight Throw	Alina Duran	Garden State	61' 3.50"	Moonlight @ MAC 2/26/14
HJ Relay	Day/Watkins	Monmouth	10'8.5"	MAC Classic 12/4/10
LJ Relay	Dawson/Kaisershot	Wagner	35'7.75"	MAC Classic 12/4/10
TJ Relay	Clark/Day	Monmouth	66'6.5"	MAC Classic 12/4/10
SP Relay	Jean-Romain/Fisher	Monmouth	85'13"	MAC Classic 12/4/10
WT Relay	Fisher/Torrito	Monmouth	97'5"	MAC Classic 12/4/10

*converted from 1600m hand time

CROSS COUNTRY AWARDS

MEN

ALL-NORTHEAST CONFERENCE [27]	
1986:	Ed Hendricks (10th)
1988:	John Hendricks (3rd) Nick Warner (7th) Chris McGivern (8th)
1989:	Pat Kelly (8th) Nick Warner (9th)
1990:	Chris McGivern (9th) Nick Warner (10th)
1995:	Felix Olivo (8th) Adam Manewell (9th)
1996:	Felix Olivo (7th)
1997:	Josh Horner (5th) Felix Olivo (6th) Blaine Williams (7th)
1998:	Felix Olivo (3rd)
2001:	Brian Hoffman (10th) Brad Bisinger (13th)
2002:	Brian Hoffman (11th)
2003:	Nick Pellegrino (4th)
2006:	Martin Suarez (5th)
2007:	Pete Forgach (8th) Matt Caporaso (11th) Randy Hadzor (14th)
2008:	Ben Hutterer (8th) Pete Forgach (10th)
2010:	Ben Hutterer (5th)
2011:	Khari Bowen (9th)
2012:	Khari Bowen (4th) Domenick D'Agostino (12th) Graham Huggins-Filozof (14th)
ALL-MAAC [1]	
2013:	Khari Bowen (8th)
ALL-REGION [1]	
1997:	Josh Horner
2013:	Khari Bowen
ALL-EAST [27]	
1996:	Josh Horner Rich Airey Felix Olivo

1997:	Felix Olivo Josh Horner
1998:	Blaine Williams Felix Olivo
1999:	Paul Spurrier Jason Santucci
2000:	Nick Pellegrino Brian Hoffman Jason Santucci
2001:	Brad Bisinger
2002:	Brian Hoffman
2005:	Larry Schau Matt Caporaso
2006:	Craig Segal Martin Suarez
2007:	Pete Forgach Randy Hadzor
2008:	Ben Hutterer Pete Forgach
2010:	Ben Hutterer
2011:	Khari Bowen Dan Collura
2013:	Khari Bowen Alex Leight

WOMEN

1995:	Christine Hillock (5th) Jennifer Flood (8th)
1999:	Lisa Flood (3rd)
2000:	Amala Merritt (8th) Tara Losito (10th)
2001:	Tara Losito (9th)
2002:	Tara Losito (8th) Kim Wolozen (13th)
2003:	Katina Alexander (5th) Erin Guinther (12th) Kristin Wallace (13th) Erin Vaccaro (14th)
2004:	Katina Alexander (3rd) Kristin Wallace (7th)
2005:	Katina Alexander (3rd) Malia Lyles (7th)
2007:	Cailin Lynam (3rd) Meredith Malloy (7th)
2008:	Cailin Lynam (3rd) Christine Altland (10th)
2009:	Cailin Lynam (5th)
2010:	Jen Nelson (5th) Christina Nelson (8th) Kelsey Maher (9th)
2011:	Jen Nelson (3rd) Kelsey Maher (10th)
2012:	Kelsey Maher (10th) Amanda Eller (11th)

ALL-NORTHEAST CONFERENCE [42]

1987:	Ellen Brennan (7th)
1988:	Jackie O'Rourke (4th) Geri-Lynn Buckholz (9th)
1989:	Donna Brzyski (4th) Jackie O'Rourke (6th) Toni Granese (7th)
1990:	Jackie O'Rourke (5th) Geri-Lynn Buckholz (7th) Donna Brzyski (9th)
1991:	Jackie O'Rourke (1st) Kim Sheekey (5th)
1992:	Toni Granese (4th) Jennifer Flood (8th) Kim Sheekey (9th)
1993:	Kim Sheekey (1st)
1994:	Laura Compton (9th)

ALL-MAAC [1]

2013:	Lennon Cooper (13th)
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ALL-EAST [11]

1999:	Lisa Flood
2000:	Amala Merritt Tara Losito
2004:	Katina Alexander
2005:	Katina Alexander
2007:	Cailin Lynam Meredith Malloy
2010:	Christina Nelson Jen Nelson Kelsey Maher
2011:	Jen Nelson

TRACK & FIELD AWARDS

MEN'S INDOOR TRACK & FIELD

ALL-AMERICAN [2]

2000: Jon Kalnas - Shot Put
 2001: Jon Kalnas - Shot Put

ALL-EAST [41]

1995: Jason Fennes - High Jump
 1996: Jason Fennes - Pentathlon
 2000: Jon Kalnas - Shot Put
 2001: Joe Madden - Weight Throw
 Jon Kalnas - Shot Put
 2002: Kris Landers - 800 Meters
 Rayan Speid - 400 Meters
 Jared Craig - 60 Hurdles
 Jon Kalnas - Shot Put
 2003: Jon DeAngelo - Shot Put
 Gary Roskoski - Shot Put
 2004: Troy Dennis - Long Jump
 David Wiley - 400 Meters
 4x400 Relay
 2005: Troy Dennis - Long Jump
 4x400 Relay
 2006: Nick Gilanelli - Pole Vault
 Christian Keller - Weight Throw
 2007: Jude Rene - Heptathlon
 Ed Skowronski - Weight Throw
 Fabrice St. Elme - 55 Meters
 Nick Williams - Shot Put
 2008: Christian Keller - Shot Put
 Christian Keller - Weight Throw
 Ed Skowronski - Weight Throw
 Larry Lundy - Shot Put
 Tom Ciccoli - Shot Put
 Vincent Elardo - Shot Put
 Vincent Elardo - Shot Put
 2010: Vincent Elardo - Shot Put
 2011: Tom Ciccoli - Shot Put
 Vincent Elardo - Weight Throw
 Jason Kelsey - Long Jump
 2013: Errol Jeffrey - Shot Put/Weight Throw
 Dylan Capwell - 800
 4x800 Relay
 Taylor Bernstein - Shot Put
 Tevin Kirby-Stewart - Shot Put
 Jalen Walker - 60m Hurdles
 Liam Vogt - Long Jump

NEC CHAMPIONS [43]

1989: 4x800 Meter Relay (8: 15.3)
 1990: Nick Warner - 800 Meters (1:58.5)
 1991: Maurice Bell - Triple Jump (45'5")
 1993: Maurice Bell - Long Jump (24'1^{3/4}")
 Omar Coley - 300 Meters (36.23)
 Matt Hill - Pole Vault (14'1^{1/2}")
 1995: Jason Fennes - 500 Meters (1:06.17)
 1996: Jason Fennes - High Jump (6'9")
 Jason Fennes (2) - Long Jump (23'1^{3/4}")
 4x400 Meter Relay (3: 23.40)
 1997: Matt Stafford - Pole Vault (13'11^{3/4}")
 1998: Brent Stensland - Pole Vault (13'11^{3/4}")
 Steve Telofski - Weight Throw (48'1^{1/4}")
 David Monro - Shot Put (50'0")
 1999: Ron Bertram - 800 Meters (1:56.26)
 Joe Madden - Weight Throw (56'8")
 Matt Stafford - Pole Vault (14'11^{1/2}")
 2000: Dexter Contee - 55 Meters (6.56)
 Jon Kalnas - Shot Put (58'9^{1/4}")

2001:

2002:

2003:

2004:

2005:

2006:

2007:

2008:

2009:

2010:

2011:

2012:

MAAC CHAMPIONS [4]

2013:

Joe Madden - Weight Throw (60'1^{1/2}")
 Jon Kalnas - Shot Put (61'6^{1/4}")
 Joe Madden - Weight Throw (62'5^{3/4}")
 Dexter Contee - 200 Meters (22.01)
 Kris Landers - 800 Meters (1:52.59)
 Distance Medley Relay (10: 16.96)
 Jon Kalnas - Shot Put (63'2^{1/4}")
 Troy Dennis - Long Jump (23'8^{1/4}")
 Troy Dennis - Long Jump (23')
 Nick Gilanelli - Pole Vault (15'4")
 Fabrice St. Elme - 60 Meters (6.83)
 Troy Dennis - Long Jump (23'5^{1/4}")
 Nick Gilanelli - Pole Vault (15'5")
 Christian Keller - Weight Throw (59'6^{3/4}")
 David Gaines - 800 Meters (1:55.92)
 Nick Williams - Shot Put (55'9^{3/4}")
 Bill Doherty - 800m (1:56.25)
 Christian Keller - Shot Put (56'4")
 Ed Skowronski - Weight Throw (63'9^{1/2}")
 Tom Ciccoli - Shot Put (55' 10 3/4")
 Vincent Elardo - Shot Put (57'1.5")
 Vincent Elardo - Weight Throw (58'2")
 Vincent Elardo - Shot Put (57'5")
 Vincent Elardo - Weight Throw (59'5^{3/4}")
 Errol Jeffrey - Weight (62'5")
 Ben Boyd - 400m (49.22)
 Ford Palmer - Mile (4:16.88)
 Jalen Walker - 60m Hurdles (8.07)

Eric Kahana - 60 Meters (6.94)
 Dylan Capwell - 800 (1:50.52)
 Errol Jeffrey - Shot Put (59'5^{3/4}") & Weight Throw (65' 6")

MEN'S OUTDOOR TRACK & FIELD

ALL-AMERICAN [5]

1968:
 2001:
 2002:
 2005:
 2011:
 2013:
 2014:

Augie Zilinicar - Hammer Throw
 Joe Madden - Hammer Throw
 Jon Kalnas - Shot Put
 Bobby Smith - Javelin
 Vincent DuVernois - Javelin
 Errol Jeffrey - Shot Put
 McLean Lipschutz - Javelin
 Vincent DuVernois - Javelin
 Dylan Capwell - 800 Meters

JUNIOR ALL-AMERICAN [2]

2001:
 2004:

Jared Craig - 400 Hurdles
 Guy Jackson - High Jump

NCAA ALL-EAST REGION [6]

2007:
 2006:
 2005:
 2008:
 2009:

Ed Skowronski - Hammer
 Bobby Smith - Javelin
 Bobby Smith - Javelin
 Christian Keller - Shot Put
 Ed Skowronski - Hammer
 Vincent Elardo - Shot Put

ALL-EAST [61]

1992:
 1994:
 1996:
 1998:
 2000:
 2001:

Dave Pelosi - Decathlon
 Maurice Bell - Long Jump
 Jason Fennes - 400 Hurdles
 Jason Fennes - High Jump
 4x800 Relay
 Jon Kalnas - Shot Put & Discus
 Jon Kalnas - Shot Put & Discus

TRACK & FIELD AWARDS

	Joe Madden - Hammer Throw		Rich Airey - Steeplechase (9: 23.85)
	Dexter Contee - 200 Meters	1999:	Joe Madden - Hammer Throw (175'1")
	Bill Hartz - 110-Meter Hurdles		Joe Madden - Discus (157'10")
2002:	Jon Kalnas - Shot Put		David Monro - Shot Put (51'8 ^{1/2"})
	Dexter Contee - 200 Meters	2000:	4x100 Meter Relay (42.03)
	Bobby Smith - Javelin		Jon Kalnas - Shot Put (58'1 ^{1/4"})
2003:	Jon DeAngelo - Shot Put		Joe Madden - Hammer Throw (188'1")
	Gary Roskoski - Shot Put		Matt Stafford - Pole Vault (15'9")
2004:	Jared Craig - 400 Hurdles	2001:	Jon Kalnas - Shot Put (59'6 ^{3/4"})
	Troy Dennis - Long Jump		Joe Madden - Hammer Throw (202'4")
	David Wiley - 400 Meters		Joe Madden - Discus (167')
	Nick Pellegrino - 5000 Meters		Bill Hartz - 400 Hurdles (53.27)
	Guy Jackson - High Jump	2002:	Bill Hartz - 400 Hurdles (52.82)
	4x100 Relay		4x400 Meter Relay (3: 11.60)
	4x400 Relay		Kris Landers - 800 Meters (1:54.58)
2005:	Bobby Smith - Javelin		Jon Kalnas - Shot Put (62'3")
	Nick Williams - Shot Put		Hazem Ibrahim - Hammer Throw (175'9")
	Nick Pellegrino - 5000 Meters	2003:	Jared Craig - 110 Hurdles (14.57)
2006:	Bobby Smith - Javelin		Jared Craig - 400 Hurdles (52.01)
	Marion Easley - Javelin		Troy Dennis - Long Jump (23'2 ^{1/2"})
	Nick Williams - Discus		Gary Roskoski - Discus (164'10")
	Ed Skowronski - Hammer	2004:	Troy Dennis - 100 Meters (10.83)
	Fabrice St. Elme - 100 Meters		Troy Dennis - 200 Meters (22.03)
	Dave Wiley - 400 Meters		Andrew Allen - 400 Hurdles (52.94)
2007:	4x100 Relay		4x400 Meter Relay (3: 13.20)
	Christian Keller - Discus		Mike Allen - Javelin (195'10")
	Tim Raywood - Javelin	2005:	Nick Williams - Shot Put (53' 8")
	Nick Williams - Discus		Nick Gilanelli - Pole Vault (13' 9")
	Nick Williams - Shot Put		Bobby Smith - Javelin (220' 4")
2008:	Tom Ciccoli - Shot Put	2006:	Fabrice St. Elme - 100 Meters (10.62)
	Bryan Fill - Javelin		Ed Skowronski - Hammer (179' 6")
	Christian Keller - Shot Put		Bobby Smith - Javelin (220' 4")
	Ed Skowronski - Hammer	2007:	Martin Suarez III - 3k Steeplechase (9:25.24)
	Chris Taiwo - 200 Meters		Ed Skowronski - Hammer (206' 9")
2009:	Christian Keller - Discus		Nick Williams - Javelin (213' 9")
	Christian Keller - Shot Put		Nick Williams - Shot Put (55' 10 ^{1/4"})
	Vincent Elardo - Shot Put	2008:	4x800 Meter Relay (7:46.19)
	Larry Lundy - Shot Put		Christian Keller - Shot Put (55' ^{1/4"})
	4x100 Relay		Ed Skowronski - Hammer (205'5")
2010:	Vincent Elardo - Shot Put	2009:	4x100 Meter Relay (41.61)
	Larry Lundy - Shot Put		Christian Keller - Discus (163' 10")
	Terrill Gissendanner - 110-Meter Hurdles		Larry Lundy - Shot Put (57' .75")
	Vincent DuVernois - Javelin		Geoff Navarro - 200 Meters (21.69)
2011:	Vincent DuVernois - Javelin		Chris Rutherford - 110 Hurdles (14.67)
	Jason Kelsey - Long Jump		Chris Rutherford - 400 Hurdles (52.58)
2013:	Errol Jeffrey - Shot Put		Chris Vuono - 400 Meters (49.22)
2014:	4x800 Relay	2010:	Vincent Elardo - Hammer Throw (196' 7")
	McLean Lipschutz - Javelin		Vincent Elardo - Discus (157' 11")
	Jalen Walker - 110H		Vincent Elardo - Shot Put (56' 9.5")
	Erik Anderson - High Jump		Marion Easley - Javelin (215' 7")
	Ed Kramer - High Jump		Chris Rutherford - 400 Hurdles (51.94)
	Joey Marini - Triple Jump		Terrell Gissendanner - 110 Hurdles (14.40)
	Shane Carle - Shot Put	2011:	Tom Ciccoli - Shot Put (54' 7 ^{1/4"})
			Vincent DuVernois - Javelin (216' 10")
		2012:	Ford Palmer - 1500 Meters (3:49.39)
			Vincent Elardo - Shot Put (58' 7.50")
			Vincent Elardo - Discus (160' 4")
			Vincent Elardo - Hammer Throw (186' 5")
			Vincent DuVernois - Javelin (219' 7")
		2013:	Andrew Langille - 800 Meters (1:54.52)
			Jalen Walker - 110 Hurdles (14.70)
			Ford Palmer - 1500 Meters (3:49.19)
			4x800 Relay
			Joe Marini - High Jump (6'7")
			Errol Jeffrey - Shot Put (59'2")
			Errol Jeffrey - Discus (175'4")
NEC CHAMPIONS [72]			
1991:	Omar Coley - 100 Meters (11.0)		
1994:	Dave Pelosi - Javelin (189'0")		
1995:	Dave Pelosi - Javelin (167'9")		
	Jason Fennes - High Jump (6'9")		
1996:	Jason Fennes - Long Jump (23'4")	2010:	
	Jason Fennes - 400 Hurdles (52.82)		
1997:	Antoine Hicks - 100 Meters (10.79)		
	Jim Angermeier - 400 Hurdles (53.86)		
	Adam Manewell - Steeplechase (9:23.68)		
	Matt Stafford - Pole Vault (12'9 ^{1/2"})		
1998:	David Monro - Shot Put (51'3")		
	Joe Madden - Hammer Throw (154'2")		
	Matt Stafford - Pole Vault (13'9 ^{1/4"})		

TRACK & FIELD AWARDS

MAAC CHAMPIONS [10]

2014: McLean Lipschutz - Javelin (68.49m)
 4x800 Relay (7:27.43)
 Errol Jeffrey - Shot Put (17.54m) & Discus (52.12m)
 Jalen Walker - 110 Hurdles (14.54)
 Ahmier Dupree - 100 (10.96) & 200 (22.07)
 Dylan Capwell - 800 (1:51.87)
 Luis Reyes - 400 Hurdles (56.47)
 4x400 Relay (3:21.26)

2005: Toria Williams - 500 Meters (75.18)
 La'Kel Chester - 800 Meters (2:16.72)
 4x400 Meter Relay (3:50.64)
 Ashley Huffman - High Jump (5'5")
 Ashley Huffman - Long Jump (19'9^{1/2}")
 Suraya Kornegay - 400 Meters (56.24)
 Toria Williams - 500 Meters (76.49)
 Katina Alexander - 5000 Meters (17:38.01)
 4x400 Meter Relay (3:52.95)

2006: Tisifenee Taylor - Long Jump (19'3^{3/4}")
 Katina Alexander - 5000 Meters (17:25.04)
 2007: 4x400 Meter Relay (3:52.49)
 Distance Medley Relay (12:33.70)
 Latasha Dickson - 500 Meters (1:15.44)
 Ashley Huffman - Long Jump (19'5^{1/4}")

2008: Michelle Losey - 400 Meters (56.81)
 4x400 Meter Relay (3:53.94)
 2009: Michelle Losey - 400 Meters (56.58)
 Cailin Lynam - Mile (5:08.61)
 Crystal Stein - 500 Meters (1:16.42)
 Rachel Watkins - 400 Meters (58.93)

2010: Christina Nelson - Mile Run (5:06.73)
 Distance Medley Relay (12:09.43)
 Rachel Watkins - High Jump (5' 7")
 2011: Symmone Fisher - Weight Throw (59' 1⁴/₈")
 Amanda Eller - Mile (5:07.78)
 Amanda Eller - 800m (2:15.56)
 Mariah Toussaint - 200m (25.14)

2012: Mariah Toussaint - Long Jump (18'8.5")
 4x400m - 3:52.10
 (Watkins, Lewis, Williams, Frye)
 DMR - 12:07.06
 (MacEwen, Spann, Torrito, Eller)

WOMEN'S INDOOR TRACK & FIELD

ALL-AMERICAN [1]

2014: Mariah Toussaint - Long Jump

ALL-EAST [28]

1993: Gamiliah Johnson - Long Jump
 2000: Lisa Flood - 1000 Meters
 2001: Lacy Johnson - Weight Throw
 Talitha Vickers - 500 Meters
 2004: Nicole Barbante - 500 Meters
 Ashley Huffman - Pentathlon
 2005: Latasha Dickson - 500 Meters
 Tisifenee Taylor - Long Jump
 2006: 4x400 Relay
 Latasha Dickson - 500 Meters
 2007: 4x400 Relay
 Latasha Dickson - 500 Meters
 2008: Michelle Losey - 400m
 2009: Michelle Losey - 400m
 Lindsey Walsh - Pentathlon
 4x400 Relay
 Lindsey Walsh - Pentathlon
 Lindsey Walsh - Pentathlon
 Laura Williams - 400m
 Rachel Aliotta - Shot Put
 Distance Medley Relay
 Symmone Fisher - Weight Throw
 2014: Mariah Toussaint - Long Jump
 Kate Frye - 60 Hurdles
 4x400 Relay
 Lauren McDonald - Pole Vault
 Tilah Young - Weight Throw
 Rachel Aliotta - Shot Put

MAAC CHAMPIONS [9]

2013: Mariah Toussaint - 60 (7.74), 200 (24.30), Long Jump (20' 3 1/2")
 Zoya Naumov - 800 (2:12.38)
 Kate Frye - 60 Hurdles (8.74)
 4x400 Relay (3:49.47)
 Lauren McDonald - Pole Vault (12' 5 1/2")
 Rachel Aliotta - Shot Put (46' 10 1/4")
 Tilah Young - Weight Throw (59' 9 1/2")

WOMEN'S OUTDOOR TRACK & FIELD

NEC CHAMPIONS [48]

1991: 4x800 Meter Relay (9:58.7)
 1992: 4x800 Meter Relay (9:56.4)
 1993: Gamiliah Johnson - Long Jump (18'9^{3/4}")
 4x800 Meter Relay (9:48.27)
 1994: Shalonda Martin - 500 Meters (1:18.61)
 Kim Sheekey - 3000 Meters (10:29.81)
 Distance Medley Relay (12:54.81)
 1997: Kim Vaughn - Shot Put (41'3^{1/4}")
 Lacy Johnson - Weight Throw (46'2^{3/4}")
 1998: Marie Greaux - High Jump (5'2^{1/4}")
 Lacy Johnson - Weight Throw (50'11")
 1999: Lisa Flood - 1 Mile (5:01.76)
 Lauren Tomossone - High Jump (5'4^{1/2}")
 Distance Medley Relay (12:43.92)
 2000: Amala Merritt - 3000 Meters (10:12.42)
 2001: Talitha Vickers - Triple Jump (37'10")
 Lacy Johnson - Weight Throw (57'4^{3/4}")
 Taryn Phelps - 1 Mile (5:07.76)
 Distance Medley Relay (12:29.87)
 Lisa Ricciardelli - Pole Vault (10'8")
 2003: 4x400 Meter Relay (3:53.91)
 2004: Ashley Huffman - Long Jump (18'9")
 Suraya Kornegay - 400 Meters (56.82)

ALL-AMERICAN [1]

2007: Tisifenee Taylor - Long Jump

JUNIOR ALL-AMERICAN [1]

2004: Ashley Huffman - Long Jump

ALL-EAST [12]

2000: Lacy Johnson - Hammer Throw
 4x400 Relay
 2002: Danielle Lyons - 100 Meters
 Ashley Huffman - Heptathlon
 4x400 Relay
 2003: Suraya Kornegay - 400 Meters
 Tisifenee Taylor - Long Jump
 4x400 Relay
 2004: Latasha Dickson - 400 IH
 4x400 Relay
 Latasha Dickson - 400 IH
 Tisifenee Taylor - Long Jump
 : 4x400 Relay
 2005: Mary Wilks - Heptathlon
 Mary Wilks - Heptathlon
 Mary Wilks - Javelin
 Rachel Aliotta - Shot Put
 2006: Mary Wilks - Heptathlon
 2007: Mary Wilks - Heptathlon
 Mary Wilks - Javelin
 Rachel Aliotta - Shot Put
 2008: Mary Wilks - Heptathlon
 2009: Mary Wilks - Heptathlon
 2010: Mary Wilks - Javelin
 Rachel Aliotta - Shot Put
 2014: Rachel Aliotta - Shot Put

TRACK & FIELD AWARDS

Kate Frye - 400
 Laura Williams - 400 Hurdles
 4x100 Relay
 4x800 Relay

2013:

Jennifer Nelson - 10,000 Meters (36:54.75)
 Rachel Watkins - 400 Hurdles (1:01.25)
 3200 Meter Relay (9:15.76)
 Amanda Eller - 1500 Meters (4:38.38)
 Rachel Watkins - 100 Hurdles (14.29)
 Laura Williams - 400 Hurdles (1:00.09)
 Mariah Toussaint - Long Jump (19'6")
 4x800 Relay (9:12.47)
 Taylor Johnson - Discus (167'10")
 Symmone Fisher - Hammer (187'8")
 Kelsey Reese - Javelin (151'4")

ECAC CHAMPIONS [1]

2007: Tisifenee Taylor - Long Jump

NEC CHAMPIONS [67]

1991: Jackie O'Rourke - 1500 Meters (4:39.4)
 1992: Toni Granese - 5000 Meters (18:06.8)
 1994: Jen Brzucki - Discus (128'1")
 1997: Lacy Johnson - Discus (127'9")
 Lacy Johnson - Hammer Throw (145'9")
 Lynn Murray - Javelin (122'6")
 1998: Lacy Johnson - Discus (132'2")
 Lacy Johnson - Hammer Throw (149'10")
 1999: Lacy Johnson - Shot Put (43'11^{1/4}")
 Lacy Johnson - Hammer Throw (161'6")
 Terra Sarnacki-Royer - 800 Meters (2:16.68)
 Lauren Tomossone - High Jump (5'2^{1/2}")
 2000: 4x800 Meter Relay (9:27.34)
 Taryn Phelps - 1500 Meters (4:39.23)
 Talitha Vickers - Triple Jump (38'2^{1/4}")
 2001: 4x800 Meter Relay (9:24.4)
 Brianna Cute - 400 Meters (56.86)
 Amala Merritt - Steeplechase (11:15.08)
 Taryn Phelps - 800 Meters (2:12.74)
 Taryn Phelps - 1500 Meters (4:44.96)
 2002: 4x400 Meter Relay (3:46.55)
 Suraya Kornegay - 400 Meters (55.47)
 Tiffany Masuhr - Javelin (138'3")
 Katie Pachuta - Discus (125'9")
 Lisa Ricciardelli - Pole Vault (11'3^{3/4}")
 Lisa Ricciardelli - Hammer Throw (160'6")
 2003: 4x400 Meter Relay (3:47:08)
 Danielle Lyons - 100 Meters (11.97)
 2004: 4x100 Meter Relay (47.70)
 4x400 Meter Relay (3:50.16)
 Latasha Dickson - Hurdles (1:03.20)
 Ashley Huffman - High Jump (5'7")
 Ashley Huffman - Long Jump (19'0")
 2006: Toria Williams - 400 Meters (55.84)
 Latasha Dickson - 400 Meter Hurdles (1:01.82)
 Katina Alexander - 10,000 Meter (36:47.68)
 2007: 4x100 Meter Relay - (47.00)
 4x400 Meter Relay - (3:46.42)
 Latasha Dickson - 400 Meter IH (1:00.85)
 Tisifenee Taylor - 100 Meters (12.24)
 Tisifenee Taylor - Long Jump (20' 7^{1/4}")
 2008: 4x400 Meter Relay - (3:48.64)
 Michelle Losey - 200 Meters (24.92)
 Michelle Losey - 400 Meters (55.02)
 2009: 4x400 Relay
 Michelle Losey - 400 Meters (55.21)
 Michelle Losey - 200 Meters (24.50)
 Mary Wilks - Javelin (134' 4")
 2010: Symmone Fisher - Hammer Throw (178' 10")
 Mary Wilks - High Jump (5' 7")
 Mary Wilks - Javelin (143' 7")
 Sonya Sullivan - 400 Hurdles (1:01.71)
 2011: Amanda Eller - 1500 Meters (4:42.15)
 Jennifer Nelson - 10,000 Meters (36:54.70)
 Rachel Watkins - 400 Hurdles (1:01.27)
 Alison Day - High Jump (5' 8")
 Mary Wilks - Javelin (147' 3")
 3200 Meter Relay (9:15.87)
 2012: Amanda Eller - 800 Meters (2:13.21)
 Amanda Eller - 1500 Meters (4:27.91)
 Jennifer Nelson - 5000 Meters (17:06.46)

MAAC CHAMPIONS [12]

2014: Kelsey Reese - Javelin (50.08m)
 Mariah Toussaint - 200 (25.04), Long Jump (6.00m)
 4x800 Relay (8:58.73)
 Rachel Aliotta - Shot Put (15.15m)
 Lauren McDonald - Pole Vault (3.55m)
 Taylor Johnson - Discus (47.88m)
 4x100 Relay (46.87)
 Tionna Garner - 800 (2:12.19)
 Laura Williams - 400 Hurdles (1:01.43)
 4x400 Relay (3:51.15)
 Kate Frye - 400 (56.02)

TRACK & FIELD AWARDS

MEN'S

NEC OUTSTANDING PERFORMERS

1994-1995:	Jason Fennes (outdoor - MOP)
1995-1996:	Jason Fennes (indoor - MOP)
	Jason Fennes (outdoor - MOP)
1998-1999:	Joe Madden (outdoor - MOP)
2000-2001:	Joe Madden (outdoor - Field MVP)
2001-2002:	Jon Kalnas (outdoor - Field MVP)
2003-2004:	Troy Dennis (outdoor - MVP)
	Guy Jackson (outdoor - Rookie)
2004-2005:	Chris Keller (outdoor - Rookie)
2007-2008:	Chris Keller (outdoor - Field MOP)
2008-2009:	Chris Rutherford (outdoor - Track MOP)
	(outdoor - Rookie)
2009-2010:	Vincent Elardo (indoor - Field MOP)
	Vincent Elardo (outdoor - MVP)
	(outdoor - Field MOP)
2010-2011:	Vincent Elardo (indoor - Field MVP)
2011-2012:	Vincent Elardo (indoor - Field MVP)
2011-2012:	Vincent Elardo (outdoor - MOP)
	Vincent Elardo (outdoor - Field MVP)
	Ford Palmer (outdoor - Track MVP)
2012-2013	Errol Jeffrey (indoor-Field MOP)
	Errol Jeffrey (outdoor-Field MOP)

NEC TEAM TITLES

1997-1998:	Outdoor Track & Field
1998-1999:	Outdoor Track & Field
2003-2004:	Outdoor Track & Field
2004-2005:	Indoor Track & Field
	Outdoor Track & Field
2005-2006:	Indoor Track & Field
	Outdoor Track & Field
2006-2007:	Indoor Track & Field
	Outdoor Track & Field
2008-2009:	Outdoor Track & Field
2009-2010:	Outdoor Track & Field
2010-2011:	Outdoor Track & Field
2011-2012:	Indoor Track & Field
2011-2012:	Outdoor Track & Field
2012-2013:	Indoor Track & Field
	Outdoor Track & Field

MAAC TEAM TITLES

2013-2014:	Indoor Track & Field
	Outdoor Track & Field

WOMEN'S

NEC OUTSTANDING PERFORMERS

1991-1992:	Jackie O'Rourke (cross country)
1993-1994:	Kim Sheekey (cross country)
1996-1997:	Lacy Johnson (outdoor - MOP)
2000-2001:	Taryn Phelps (outdoor - MOP)
	Taryn Phelps (outdoor - Track MVP)
2001-2002:	Lisa Ricciardelli (outdoor - Field MVP)
2003-2004:	Ashley Huffman (indoor - MOP)
	(indoor - Rookie)
	Katina Alexander (indoor - Track MVP)
	Ashley Huffman (outdoor - MOP)
	(outdoor - Rookie)
2006-2007:	Ashley Huffman (indoor- Co-MOP)
	Tisifenee Taylor (outdoor - MOP)
2007-2008:	Michelle Losey (indoor - Track MOP)
	Michelle Losey (outdoor- MOP)
2008-2009:	Michelle Losey (outdoor - Track MOP)
2009-2010:	Mary Wilks (outdoor - Field MOP)
	Rachel Watkins (outdoor - Rookie)
2010-2011:	Laura Williams (outdoor- Rookie)
2012-2013:	Rachel Aliotta (outdoor-MOP)

WOMEN'S

MAAC OUTSTANDING PERFORMERS

2013-2014:	Mariah Toussaint (outdoor- Field MOP)
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NEC TEAM TITLES

1989-1990:	Cross Country
1990-1991:	Cross Country
1999-2000:	Outdoor Track & Field
2000-2001:	Cross Country
	Outdoor Track & Field
2001-2002:	Outdoor Track & Field
2003-2004:	Indoor Track & Field
	Outdoor Track & Field
2004-2005:	Indoor Track & Field
2006-2007:	Outdoor Track & Field
2007-2008:	Indoor Track & Field
2008-2009:	Indoor Track & Field
	Outdoor Track & Field
2009-2010:	Outdoor Track & Field
2010-2011:	Outdoor Track & Field
2011-2012:	Indoor Track & Field
2011-2012:	Outdoor Track & Field
2012-2013:	Indoor Track & Field
	Outdoor Track & Field

MAAC TEAM TITLES

2013-2014:	Indoor Track & Field
	Outdoor Track & Field

MEN'S ALL-TIME TRACK & FIELD TOP-5

MEN'S INDOOR TRACK & FIELD

55-Meter Dash

1. Omar Coley (1995)	6.31
2. Omar Coley (1991)	6.33
3. Fabrice St. Elme (2007)	6.36
Omar Coley (1991)	6.36
5. Omar Coley (1993)	6.37

60-Meter Dash

1. Fabrice St. Elme (2006)	6.83
Fabrice St. Elme (2006)	6.83
3. Troy Dennis (2006)	6.86
4. Fabrice St. Elme (2006)	6.88
5. Fabrice St. Elme (2006)	6.89

200-Meter Dash

1. Eric Kahana (2013)	21.78
2. Geoff Navarro (2010)	21.79
3. Troy Dennis (2004)	21.79
4. Troy Dennis (2004)	21.86
5. Chris Taiwo (2010)	21.89

300-Meter Dash

1. Troy Dennis (2005)	34.90
2. Charles Simmons (2004)	34.97
3. Ben Boyd (2013)	35.16
4. Ben Boyd (2012)	35.30
5. Ben Boyd (2012)	35.32

400-Meter Dash

1. David Wiley (2004)	47.83
2. David Wiley (2004)	48.05
3. David Wiley (2005)	48.10
4. David Wiley (2005)	48.13
5. David Wiley (2006)	48.17

500-Meter Dash

1. Chris Vuono (2006)	1:03.45
2. Chris Vuono (2007)	1:03.74
3. Chris Vuono (2008)	1:03.81
4. Chris Rutherford (2010)	1:03.89
5. Chris Vuono (2008)	1:03.90

600-Meter Run

1. Dylan Capwell (2013)	1:21.43
2. Chris Vuono (2008)	1:22.08
3. Joe DiBianca (2010)	1:23.01
4. Jon Marques (2010)	1:23.16
5. Jon Marques (2011)	1:23.66

800-Meter Run

1. Dylan Capwell (2014)	1:49.39
2. Dylan Capwell (2014)	1:49.82
3. Dylan Capwell (2014)	1:50.16
4. Kris Landers (2002)	1:50.20
5. Dylan Capwell (2014)	1:50.52

1000-Meter Run

1. Ford Palmer (2012)	2:23.65
2. Ed Hendricks (1987)	2:23.75
3. Andrew Langille (2014)	2:24.53
3. Ed Hendricks (1987)	2:25.45
4. Ford Palmer (2012)	2:25.09

1500-Meter Run

1. Ed Hendricks (1987)	3:46.49
2. Ed Hendricks (1986)	3:51.95
3. Ed Hendricks (1987)	3:53.35
4. Ed Hendricks (1987)	3:53.40
5. Ed Hendricks (1986)	3:55.09

Mile Run

1. Ford Palmer (2013)	4:00.46
2. Ford Palmer (2013)	4:01.90
3. Ford Palmer (2013)	4:05.19
4. Ford Palmer (2012)	4:08.08
5. Ed Hendricks (1987)	4:10.63

3000-Meter Run

1. Nick Pellegrino (2005)	8:21.96
2. Domenick D'Agostino (2014)	8:22.62
3. Nick Pellegrino (2005)	8:24.82
4. Nick Pellegrino (2004)	8:25.17
5. Tom Fischer (1986)	8:27.45

5000-Meter Run

1. Nick Pellegrino (2004)	14:29.38
2. Nick Pellegrino (2005)	14:35.56
3. Khari Bowen (2012)	14:43.60
4. Nick Pellegrino (2004)	14:46.08
5. Khari Bowen (2012)	14:46.98

55-Meter Hurdles

1. Bill Hartz (2001)	7.63
2. Jared Craig (2002)	7.64
3. Andrew Allen (2006)	7.68
4. Bill Hartz (2002)	7.69
Jared Craig (2002)	7.69

60-Meter Hurdles

1. Jalen Walker (2014)	8.00
2. Jalen Walker (2014)	8.03
3. Jalen Walker (2014)	8.04
4. Jalen Walker (2014)	8.05
5. Jalen Walker (2013)	8.07

Shuttle Hurdle Relay

1. Adriance, Allen, Dahms, Rene (2006)	30.48
2. Craig, Unkel, Socha, Hartz (2002)	30.49
3. Mulligan, Unkel, Lord, Hartz (1999)	33.20

4x55 Relay

1. Navarro, Robinson, Walker , Krupka (2010)	25.89
2. St. Bernard, Burnett, Taiwo, Martell (2007)	25.93
3. Martell, Robert, Fore, Nwosu (2006)	26.28

4x200 Relay

1. Vuono, McLeod, Martell, Taiwo (2008)	1:28.75
2. Allen, Wiley, Vuono, Robert (2006)	1:28.97
3. Burnett, St. Bernard, Taiwo, Martell (2007)	1:30.28
4. St. Bernard, Burnett, Taiwo, Chander (2007)	1:30.32
5. St. Elme, Martell, Swosu, Dahms (2006)	1:31.47

4x400 Relay

1. Rodriguez, Allen, York, Wiley (2004)	3:14.43
2. Rodriguez, Allen, York, Wiley (2004)	3:14.64
3. Allen, Elisca, Vuono, Wiley (2006)	3:14.91
4. Oluyadi, DiBianca , Rutherford, Boyd (2013)	3:15.12
5. Simmons, Vuono, York, Wiley (2005)	3:15.18

4x800 Relay

1. Langille, D'Agostino, Leight, Capwell	7:23.75
2. Langille, D'Agostino, Leight, Capwell	7:28.28
3. Langille, Reyes, Leight Capwell	7:36.89
4. Doherty, Gaines, Noel, Swartz (2005)	7:40.55
5. Doherty, Schau, Madrid, Gaines (2006)	7:41.20

4x1600

1. Horner, Williams, Spurrier, Olivo (1999)	18:02.70
2. Williams, Manewell, Airey, Olivo (1998)	18:07.30
3. Horner, Airey, Cavanaugh, Olivo (1997)	18:15.70
4. Mydlowski, Schaffer, Hutterer, Apgar (2009)	18:17.98
5. Branco, Palmer, Langille, Ramirez (2011)	18:35.03

MEN'S ALL-TIME TRACK & FIELD TOP-5

4xMile Relay

1. Gaines, Suarez, Madrid, Schau 17:41.44
2. Reagan, Loboda, Ash, Hendricks 20:08

Sprint Medley Relay

1. Kelsey, Navarro, Taiwo, Palmer (2010) 3:31.89
2. Towler, Jennings, Klem, Warner (1989) 3:34.51
3. Wiley, Vuono, Dennis, Doherty (2006) 3:34.87

Distance Medley Relay

1. Langille, Boyd, Leight, Palmer (2013) 9:46.68
2. Langille, Sullivan, Capwell, D'Agostino (2014) .. 9:54.86
3. Langille, Malespina, Leight, Huggins-Filozof (2013) .. 9:55.74
4. Bernardo, Aquino, DeBlasio, Palmer (2012) 9:58.68p
5. Bernardo, Aquino, DeBlasio, Palmer (2012) 10:02.70f

Shot Put

1. Jon Kalnas (2002) 64' 6¹/₂"
2. Jon Kalnas (2002) 63' 4¹/₄"
3. Jon Kalnas (2002) 63' 2¹/₄"
4. Jon Kalnas (2001) 61' 6¹/₄"
5. Errol Jeffrey (2014) 61' 1¹/₄"

Weight Throw

1. Errol Jeffrey (2014) 65' 6¹/₄"
2. Errol Jeffrey (2014) 65' 6"
3. Joe Madden (2001) 64' 1¹/₄"
4. Errol Jeffrey (2014) 64' 1¹/₂"
5. Errol Jeffrey (2014) 63' 9³/₄"

High Jump

1. Tommy Butler (2011) 6' 10³/₄"
2. Joe Marini (2014) 6' 10¹/₄"
3. Jason Fennes (1995) 6' 10¹/₄"
4. Jason Fennes (1996) 6' 10"
5. Tommy Butler (2011) 6' 9¹/₂"

Long Jump

1. Maurice Bell (1993) 24' 1³/₄"
2. Mike Socha (2001) 24' 1"
3. Troy Dennis (2004) 23' 11³/₄"
4. Omar Coley (1995) 23' 11¹/₂"
5. Maurice Bell (1991) 23' 8³/₄"

Triple Jump

1. Joey Marini (2014) 48' 4"
1. Joey Marini (2013) 48' 3¹/₂"
3. Joey Marini (2014) 48' 1³/₄"
4. Joey Marini (2014) 47' 10"
5. Chris Taiwo (2010) 47' 3.75"

Pole Vault

1. Pete Matano (2012) 15' 9"
- Pete Matano (2011) 15' 9"
3. Nick Gilanelli (2006) 15' 5"
- Nick Gilanelli (2006) 15' 5"
5. Tyler Poland (2013) 15' 5"

Pentathlon

1. Jason Fennes (1996) 3,718
2. Jason Fennes (1996) 3,657
3. Jason Fennes (1995) 3,570
4. David Pelosi (1992) 3,247
5. Jared Craig (2000) 3,140

Heptathlon

1. Jude Rene (2007) 4,522
2. Rich Bills (2011) 4,309
3. Jude Rene (2007) 4,260
4. Jude Rene (2006) 4,216
5. Mike Buccheri (2006) 4,196

Triple Jump Relay

1. Waltman, Kramer (2010) 83' 6¹/₂"
2. J Johnson, J Hublak (1997) 73' 3¹/₄"

Pole Vault Relay

1. Subai, Matano (2010) 29' 7¹/₄"
2. Timmons, Waltman (2010) 25' 6¹/₄"

High Jump Relay

1. Butler, Kramer (2010) 13'0"
2. Bartlett, Rodriguez (2010) 12' 6"
3. O'Brien, Pelosi (1991) 12' 6"
4. J. Fennes, D. Pelosi (1992) 12' 4"
5. Thompson, Mitchell (1997) 12' 2¹/₂"

Long Jump Relay

1. Kelsey, Lewis (2010) 45' 6"
2. Bell, Coley (1990) 45' 0¹/₂"
3. Bell, Pelosi (1991) 44' 4¹/₄"
4. Hirshblond, Mitchell (1997) 41' 11¹/₂"
5. Bell, Edwards (1992) 41' 10¹/₂"

Weight Throw Relay

1. Keller, Lundy (2007) 116' 7³/₄"
2. Keller, Skowronski (2006) 107' 2"
3. Elardo, Ciccoli (2010) 105' 11³/₄"
4. Connell, Hirschklau (2007) 103' 7¹/₂"
5. J. Madden, S. Teleofski (1999) 100' 6¹/₂"

Shot Put Relay

1. Elardo, Ciccoli (2010) 112' 7¹/₄"
2. Williams, Hirschklau (2007) 106' 3¹/₂"
3. Keller, Hirschklau (2006) 101' 3"
4. Skowronski, Lundy (2006) 95' 7"
5. Carle, D'Amato (2010) 94' 0"

MEN'S OUTDOOR TRACK & FIELD

100-Meter Dash

1. Fabrice St. Elme (2006) 10.62
2. Dexter Contee (2001) 10.4 (hand time)
3. Fabrice St. Elme (2006) 10.65
4. Fabrice St. Elme (2006) 10.65
5. Fabrice St. Elme (2006) 10.66

200-Meter Dash

1. Dexter Contee (2001) 20.90
2. Charles Simmons (2005) 21.30
3. Troy Dennis (2004) 21.33
4. Chris Taiwo (2008) 21.40
5. Rayan Speid (2002) 21.44

400-Meter Dash

1. David Wiley (2004) 47.20
2. Rayan Speid (2002) 47.27
3. Rayan Speid (2002) 47.39
4. Rayan Speid (2002) 47.48
5. Rayan Speid (2002) 47.52

800-Meter Run

1. Dylan Capwell (2014) 1:47.68
2. Dylan Capwell (2014) 1:48.76
3. Dylan Capwell (2014) 1:49.40
4. Dylan Capwell (2014) 1:49.57
5. David Gaines (2007) 1:50.07

1500-Meter Run

1. Ford Palmer (4/20/2012) 3:46.39
2. Ford Palmer (3/30/2012) 3:48.53
3. Ed Hendricks (1987) 3:48.53
4. Ford Palmer (2013) 3:49.19
5. Ford Palmer (5/6/2012) 3:49.39

MEN'S ALL-TIME TRACK & FIELD TOP-5

3000-Meter Run

1. Nick Pellegrino (2005) 8:24.97
2. **Khari Bowen (2012)** **8:42.15**
3. Martin Suarez III (2007) 8:48.95
4. Peter Forgach (2009) 8:49.54
5. Peter Forgach (2008) 8:53.17

5000-Meter Run

1. Nick Pellegrino (2004) 14:12.67
2. Nick Pellegrino (2005) 14:16.23
3. Nick Pellegrino (2004) 14:18.38
4. Nick Pellegrino (2005) 14:26.02
5. Nick Pellegrino (2004) 14:28.42

10000-Meter Run

1. Ben Hutterer (2010) 30:42.15
2. Craig Segal (2007) 30:42.30
3. Rich Airey (1997) 31:13.97
4. Ben Hutterer (2009) 31:30.17
5. Craig Segal (2007) 31:34.53

110-Meter Hurdles

1. Jason Fennes (1996) 14.10
- Bill Hertz (2001) 14.10
3. Terrell Gissendanner (2010) 14.20
4. Terrell Gissendanner (2010) 14.21
5. Terrell Gissendanner (2010) 14.26

400-Meter Hurdles

1. Jason Fennes (1996) 50.67
2. Jason Fennes (1996) 50.85
3. Jason Fennes (1996) 51.35
4. Jason Fennes (1996) 51.46
5. Jason Fennes (1996) 51.57

3000-Meter Steeplechase

1. Martin Suarez III (2007) 9:13.90
2. Adam Manewell (1997) 9:19.16
3. Martin Suarez III (2007) 9:20.52
4. Josh Horner (1999) 9:20.96
5. Blaine Williams (2000) 9:21.91

4x100 Relay

1. Simmons, St. Elme, Wiley, Dennis (2004) 40.98
2. Krupka, Navarro, Kelsey, Taiwo (2010) 41.00
3. Krupka, Navarro, Kelsey, Taiwo (2010) 41.05
4. Simmons, St. Elme, Wiley, Dennis (2004) 41.11
5. Martell, Navarro, Kelsey, Taiwo (2009) 41.14

4x200 Relay

1. Wiley, Simmons, York, Dennis (2004) 1:25.25
2. Wiley, Simmons, York, Dennis (2004) 1:25.73
3. Vuono, Wiley, York, Simmons (2005) 1:26.78
4. Vuono, Rutherford, Merrigan, Taiwo (2009) 1:27.24
5. Navarro, Krupka, Kelsey, Taiwo (2010) 1:27.25

4x400 Relay

1. Rodriguez, Allen, York, Wiley (2004) 3:10.48
2. Rodriguez, Allen, York, Wiley (2004) 3:10.70
3. Rodriguez, Allen, York, Wiley (2004) 3:11.23
4. Rodriguez, Hertz, York, Speid (2002) 3:11.60
5. Simmons, Allen, Wiley, York (2005) 3:12.61

4x800 Relay

1. **Langille, D'Agostino, Leight, Capwell (2014)** **7:23.56**
2. **Langille, D'Agostino, Leight, Capwell (2014)** **7:27.16**
3. **Langille, D'Agostino, Leight, Capwell (2014)** **7:27.43**
4. Bertram, Cavanaugh, Daniels, Olivo (1998) 7:30.30
5. **Langille, Reyes, Leight, Palmer (2013)** 7:30.47

Sprint Medley Relay

1. **Kahana, Boyd, Dupree, Capwell (2014)** **3:23.28**
2. Navarro, **Boyd**, Marques, Palmer (2012) 3:24.63
3. Shapson, Werner, Ott, Olivo (1998) 3:28.75
4. Ridley, Young, Ott, Olivo (1998) 3:29.76
5. Shapson, Werner, Points, Daniels (2000) 3:29.85

Distance Medley Relay

1. **Langille, Malespina, Leight, Palmer (4/25/2013)** ... 9:48.26
2. Ward, Bridgett, Conte, Hendricks (4/18/1986) 9:56.68
3. Ward, Bridgett, Conte, Hendricks (4/25/1986) 9:56.72
4. Palmer, Aquino, Langille, Bowen (4/30/12) 10:03.18
5. Fischer, Conte, Hanlon, Hendricks (4/4/1987) 10:04.66

4x1500 Relay

1. Hendricks, Ward, Conte, Reagan (1986) 15:58.25
2. **Langille, Bowen, Leight, D'Agostino (2014)** **16:01.46**
3. **Solda, Huggins-Filozof, Branco, French (2014)** .. **16:32.90**
4. DeBlasio, Hartnett, Apgar, Mulligan (2011) 16:40.43
5. DeBlasio, Apgar, Hutterer, Mulligan (2010) 16:49.03

4x1600 Relay

1. **Solda, Huggins-Filozof, Branco, French** **16:32.90**
2. Fischer, Hanlon, Conte, Hendricks (1987) 17:46.58
3. Hendricks, Ward, Ash, Fischer (1986) 17:55.73

Shuttle Hurdle Relay

1. Socha, Unkel, Craig, Hertz (2002) 58.91

Long Jump

1. Troy Dennis (2004) 25' 0"
2. Maurice Bell (1994) 24' 11³/₄"
3. Terrell Gissendanner (2010) 24' 4¹/₂"
4. Troy Dennis (2004) 24' 4¹/₂"
5. Guy Jackson (2004) 23' 11¹/₂"

Triple Jump

1. **Joey Marini (2014)** **49' 1¹/₄"**
2. **Joey Marini (2014)** **48' 1¹/₄"**
3. Chris Taiwo (2009) 48' 0"
4. **Joey Marini (2014)** **47' 9¹/₄"**
5. **Joey Marini (2013)** **47' 9"**

High Jump

1. Guy Jackson (2005) 6' 10³/₄"
2. Guy Jackson (2004) 6' 10³/₄"
3. Jason Fennes (1996) 6' 10¹/₄"
4. Tommy Butler (2011) 6' 9¹/₂"
5. Guy Jackson (2004) 6' 9"

Pole Vault

1. Nick Gilanelli (2006) 15' 9"
- Matt Stafford (2000) 15' 9"
- Matt Stafford (2000) 15' 9"
- Matt Stafford (2000) 15' 9"
- Matt Stafford (2000) 15' 6"

Javelin

1. Bobby Smith (5/27/2006) 240' 8"
2. Bobby Smith (4/29/2006) 238' 9"
3. **McLean Lipschutz (4/18/14)** **238' 0"**
3. Vincent DuVernois (6/17/2012) 238' 0"
4. Vincent DuVernois (4/12/2014) 235' 3"

Hammer Throw

1. Augie Zilincar (1967) 207' 10"
2. Augie Zilincar (1968) 207' 1"
3. Joe Madden (2001) 206' 11"
4. Ed Skowronski (2007) 206' 8¹/₂"
5. Ed Skowronski (2008) 206' 8"

MEN'S/WOMEN'S ALL-TIME TRACK & FIELD TOP-5

Discus

1. Chris Keller (2008).....	179' 2"
2. Errol Jeffrey (2014).....	175' 9"
3. Shane Carle (2014).....	173' 11"
2. Chris Keller (2008).....	173'
3. Nick Williams (2007).....	172' 10"

Shot Put

1. Jon Kalnas (2002).....	63' 8 ¹ / ₂ "
2. Jon Kalnas (2002).....	63' 7 ³ / ₄ "
3. Jon Kalnas (2002).....	63' 4 ³ / ₄ "
4. Jon Kalnas (2002).....	63' 1 ¹ / ₂ "
5. Errol Jeffrey (2014) & Jon Kalnas (2002).....	62' 3"

Decathlon

1. Dave Pelosi (1992).....	6,146
2. Zachary Krupka (2009).....	5,370
3. Jude Rene (2006).....	4,917
4. Kyle Adriaance (2006).....	4,892
5. Zachary Krupka (2008).....	4,828

WOMEN'S INDOOR TRACK & FIELD

55-Meter Dash

1. Michelle Losey (2010).....	7.12
2. Michelle Losey (2010).....	7.15
3. Tisifenee Taylor (2006).....	7.26
Diane Temple (1999).....	7.26
Diane Temple (1999).....	7.26

60-Meter Dash

1. Lachelle Wallace (2014).....	7.64
2. Michelle Losey (2010).....	7.68
3. Lachelle Wallace (2014).....	7.69
4. Lachelle Wallace (2014).....	7.69
5. Mariah Toussaint (2013).....	7.70

200-Meter Dash

1. Mariah Toussaint (2014).....	24.30
2. Laura Williams (2014).....	24.61
3. Michelle Losey (2010).....	24.61
4. Michelle Losey (2010).....	24.63
5. Mariah Toussaint (2014).....	24.67

300-Meter Dash

1. Michelle Losey (2009).....	40.25
2. Michelle Losey (2008).....	40.52
3. Laura Williams (2012).....	40.88
4. Laura Williams (2011).....	40.90
5. Laura Williams (2014).....	41.02

400-Meter Dash

1. Laura Williams (2012).....	53.31
2. Laura Williams (2011).....	54.98
3. Michelle Losey (2010).....	55.64
4. Laura Williams (2014).....	55.65
5. Laura Williams (2014).....	55.74

500-Meter Dash

1. Latasha Dickson (2007).....	1:13.65
2. Talitha Vickers (2001).....	1:14.30
3. Latasha Dickson (2007).....	1:14.47
4. Talitha Vickers (2001).....	1:14.53
5. Nicole Barbante (2004).....	1:14.66

600-Meter Run

1. Tionna Garner (2013).....	1:38.06
2. Crystal Stein (2009).....	1:38.14
3. Suraya Kornegay (2005).....	1:38.69
4. Crystal Stein (2008).....	1:38.71
5. Latasha Dickson (2005).....	1:39.08

800-Meter Run

1. Amanda Eller (2013).....	2:10.79
2. Zoya Naumov (2014).....	2:11.20
3. Christina Nelson (2011).....	2:11.46
4. Emily MacEwen (2013).....	2:11.83
5. Jenna Cupp (2014).....	2:12.28

1000-Meter Run

1. Amanda Eller (2013).....	2:52.55
2. Lisa Flood (1999).....	2:53.14
3. Lisa Flood (1999).....	2:53.57
4. Taryn Phelps (2001).....	2:53.65
5. Christina Nelson (2011).....	2:53.91

1500-Meter Run

1. Jackie O'Rourke (1992).....	4:42.60
2. Jackie O'Rourke (1991).....	4:43.67
3. Jackie O'Rourke (1992).....	4:46.24
4. Jackie O'Rourke (1992).....	4:49.50
5. Kim Sheekey (1994).....	4:50.83

Mile Run

1. Cailin Lynam (2008).....	4:56.05
2. Amanda Eller (2012).....	4:58.57
3. Cailin Lynam (2010).....	4:58.87
4. Jen Nelson (2012).....	4:59.07
5. Cailin Lynam (2008).....	5:00.18

3000-Meter Run

1. Jen Nelson (2012).....	9:52.75
2. Jen Nelson (2012).....	9:57.82
3. Katina Alexander (2005).....	9:59.65
4. Katina Alexander (2006).....	10:04.77
5. Katina Alexander (2006).....	10:05.32

5000-Meter Run

1. Katina Alexander (2005).....	17:10.12
2. Katina Alexander (2006).....	17:13.12
3. Jen Nelson (2012).....	17:19.25
4. Katina Alexander (2006).....	17:25.04
5. Jen Nelson (2012).....	17:27.30

55-Meter Hurdles

1. Ashley Huffman (2005).....	8.10
2. Ashley Huffman (2007).....	8.25
3. Ashley Huffman (2007).....	8.26
4. Ashley Huffman (2007).....	8.29
5. Zekara Riggsbee (2004).....	8.31

60-Meter Hurdles

1. Ashley Huffman (2007).....	8.58
Ashley Huffman (2005).....	8.58
3. Ashley Huffman (2007).....	8.63
4. Ashley Huffman (2005).....	8.64
5. Ashley Huffman (2006).....	8.70

1500-Meter Walk

1. Geri-Lynn Buckholz (1992).....	6:49.60
2. Geri-Lynn Buckholz (1991).....	6:50.45
3. Geri-Lynn Buckholz (1991).....	7:03.60
4. Geri-Lynn Buckholz (1990).....	7:57.80

3000-Meter Walk

1. Geri-Lynn Buckholz (1992).....	14:27.48
2. Geri-Lynn Buckholz (1991).....	14:52.90
3. Geri-Lynn Buckholz (1991).....	14:58.30

Shuttle Hurdle Relay

1. Shia, Leake, Adamko, Taylor (2006).....	34.48
2. Shia, Leake, Adamko, Taylor (2006).....	34.56
3. Torelli, Christmas, Shia, Huffman (2005).....	36.38
4. Froehlich, Ploskonka, Cirilli, Tomossone (2000).....	36.38
5. Riggsbee, Froehlich, Saharic, Cirilli (2002).....	36.41

WOMEN'S ALL-TIME TRACK & FIELD TOP-5

4x55 Meter Relay

1. Paulson, Alston, Leake, Huffman (2007)29.24
2. Winder, **Wallace**, Daughtry, Dotday (2011)29.37
3. Williams, Yanora, Cuvilly, Dotday (2010)29.39
4. Brascomb, Wesley, Berreto, Patrick (2010)30.662
5. Brown, Adamko, Graham, Alston (2006)31.12

4x200 Meter Relay

1. Losey, Blackshear, Gibbs, Stein (2008)1:43.85
2. Williams, Taylor, Shia, Paulson (2006)1:44.16
3. Huffman, Leake, Paulson, Gibbs (2007)1:48.03
4. Bennett, Godley, Vickers, Temple (1999).....1:51.90
5. Bennett, Vickers, Godley, Tomossone (1998)1:52.20

4x400 Meter Relay

1. **Garner**, Williams, **Ikekenegbe**, **Frye** (2014)3:44.29
2. **Garner**, Williams, **Isekenegbe**, **Frye** (2014).....3:44.43
3. Williams, **Coakley**, **Isekenegbe**, **Frye** (2014)3:45.36
4. **Garner**, Williams, **Isekenegbe**, **Frye** (2014).....3:46.03
5. Losey, Blackshear, Stein, Dickson (2007)3:47.08

4x800 Meter Relay

1. MacEwen, Toritto, Hehn, **Eller** (2012)9:02.34
2. **Cupp**, Naumov, **Garner**, **Ball** (2014)9:03.52
2. MacEwen, Toritto, Eller, Hehn (2012)9:03.88
3. Eller, MacEwen, Toritto, Hehn (2012)9:06.89
4. MacEwen, Toritto, Eller, C. Nelson (2011).....9:07.54
5. Werner, Hannibal, Phelps, Sarnacki-Royer (2001).....9:13.47

4x1600 Meter Relay

1. Sheekey, Richard, Flood, Granese (1992).....21:29.80
2. Szulewski, Lepas, **Eller**, Altland (2010)21:36.92
3. Sheekey, Richard, Flood, Granese (1992).....22:07.90
4. Toritto, Lepas, Bishop, Gross (2011).....22:37.27
5. O'Rourke, Marcelli, Granese, Brzyski (1989)22:50.00

Sprint Medley Relay

1. Dickson, Blackshear, Paulson, Arneith (2006)4:15.30
2. Dickson, Paulson, Williams, Pirela (2006)4:19.50
3. **Lewis**, **Maguire**, **Spann**, **Wiley** (2013)4:22.50
3. Lyons, Froehlich, Monaghan, Chester (2002)4:23.35
4. Alston, Adamko, Graham, Ebert (2006)4:23.59

Distance Medley Relay

1. MacEwen, **Frye**, Toritto, **Eller** (2013)11:44.56
2. MacEwen, **Frye**, Toritto, **Eller** (2013)11:50.18
3. **Eller**, Rutecki, MacEwen, C. Nelson (2011)11:52.24
4. Naumov, **Olsen**, **Cupp**, **Engelberger** (2014)11:52.44
5. Embrey, Rutecki, MacEwen, Lynam (2010)11:52.94

Shot Put

1. Rachel Aliotta (2013)48' 11.50"
2. Rachel Aliotta (2011)47' 4.25"
3. Rachel Aliotta (2014)47' 2.50"
4. Rachel Aliotta (2014)46' 10.25"
3. Sandra Jean-Romain (2012)46' 7.5"

Shot Put Relay

1. Jean-Romain, Fisher (2010)86' 1"
2. **Aliotta**, Young (2010)82' 4^{3/4}"
3. L.Johnson, L.Webb (1999)73' 1^{3/4}"
4. Toritto, Reigles (2010).....72' 8^{1/4}"
5. Vaughn, Wlodarczyk (1997)71' 6^{3/4}"

Weight Throw

1. Tilah Young (2014)59' 9"
2. Tilah Young (2014)59' 8"
3. Lacy Johnson (2001)59' 6.25"
4. Tilah Young (2014)59' 3"
5. Symmone Fisher (2011)59' 0.75"

Weight Throw Relay

1. Fisher, Toritto (2010).....97' 5"
2. Hill, Aliotta (2010)88' 9^{1/4}"
3. L. Johnson, L. Ricciardelli (1999)86' 8"
4. Young, Reigles (2010)84' 2^{3/4}"
5. Jean-Romain, Kloc (2010).....79' 11"

Long Jump Relay

1. T. Taylor, J. Shia (2006)35' 5^{1/4}"
2. Walsh, Rutecki (2010)34' 3^{1/2}"
3. Huffman, Swan (2007)33' 0^{1/4}"

High Jump Relay

1. Day, Watkins (2010)10' 8^{1/2}"
2. Walsh, Pinkett (2010)10' 4^{1/2}"
3. Koch, Mastropaolo (1992)10' 2"
4. Anderson, Ploskonka (1999).....9' 9^{1/4}"
5. Koch, Bush (1991)9' 6"

Triple Jump Relay

1. Gibbs, MK Walsh (2007)69' 11"
2. Ebert, Graham (2006)68' 7"
3. Vickers, Cirilli (1999)67' 8"

High Jump

1. Rachel Watkins (2012)5' 10"
2. Rachel Watkins (2012)5' 9^{3/4}"
3. Alison Day (2013).....5' 8^{3/4}"
4. Lindsey Walsh (2012).....5' 8^{3/4}"
5. Rachel Watkins (2012)5' 8^{3/4}"

Long Jump

1. Mariah Toussaint (2014)20' 8"
2. Mariah Toussaint (2014)19' 11"
3. Mariah Toussaint (2014)19' 10^{3/4}"
4. Mariah Toussaint (2014)19' 9^{1/2}"
5. Mariah Toussaint (2014)19' 6^{1/4}"

Triple Jump

1. Brittany Gibbs (2010).....39' 3.75"
2. Brittany Gibbs (2010).....39' 1"
3. Brittany Gibbs (2009).....38' 9"
4. Brittany Gibbs (2010).....38' 7.5"
- Talitha Vickers (2001)38' 7.5"

Pole Vault

1. **Lauren McDonald** (2013).....12' 6"
2. **Lauren McDonald** (2013).....12'
3. **Lauren McDonald** (2013).....11' 11.75"
4. **Lauren McDonald** (2014).....11' 9.75"
5. **Lauren McDonald** (2014).....11' 9.75"

Pentathlon

1. Ashley Huffman (2007)3,919
2. Ashley Huffman (2007)3,856
3. Ashley Huffman (2005)3,679
4. Ashley Huffman (2004)3,620
5. Ashley Huffman (2006)3,604

WOMEN'S ALL-TIME TRACK & FIELD TOP-5

WOMEN'S OUTDOOR TRACK & FIELD

100-Meter Dash

1. Tisifenee Taylor (2006).....	11.93
2. Tisifenee Taylor (2007).....	11.94
3. Danielle Lyons (2003).....	11.97
4. Danielle Lyons (2003).....	11.98
5. Lachelle Wallace (2014).....	12.02

200-Meter Dash

1. Suraya Kornegay (2005).....	24.26
2. Danielle Lyons (2003).....	24.40
3. Danielle Lyons (2003).....	24.45
4. Michelle Losey (2009).....	24.48
5. Laura Williams (2011)	24.49

400-Meter Dash

1. Kate Frye (2014)	53.86
2. Laura Williams (2011).....	54.68
3. Michelle Losey (2009).....	54.70
4. Kate Frye (2014)	54.90
5. Michelle Losey (2008).....	55.02

800-Meter Run

1. Tionna Garner (2014)	2:09.17
2. Zoya Naumov (2014).....	2:12.14
3. Tionna Garner (2014)	2:12.19
4. Zoya Naumov (2014).....	2:12.26
5. Jenna Cupp (2014)	2:12.27

1500-Meter Run

1. Amanda Eller (5/6/2012)	4:27.91
2. Taryn Phelps (4/7/2001).....	4:34.37
3. Lisa Flood (4/3/1999).....	4:35.80
4. Amanda Eller (5/12/2012)	4:36.13
5. Amanda Eller (2013)	4:36.14

3000-Meter Run

1. Cailin Lynam (2008).....	9:47.60
2. Katina Alexander (2006).....	9:58.94
3. Jen Nelson (2011).....	10:00.24
4. Katina Alexander (2005).....	10:05.67
5. Katina Alexander (2006).....	10:09.43

5000-Meter Run

1. Jennifer Nelson (5/6/2012).....	17:06.46
2. Jennifer Nelson (4/14/2012).....	17:08.41
3. Jennifer Nelson (5/8/2011).....	17:25.03
4. Katina Alexander (3/31/2006).....	17:29.23
5. Katina Alexander (5/14/2006).....	17:30.35

10000-Meter Run

1. Jennifer Nelson (5/11/2012).....	35:33.47
2. Jennifer Nelson (3/30/2012).....	35:42.14
3. Jennifer Nelson (4/15/2011).....	35:58.02
4. Jennifer Nelson (5/24/2012).....	36:09.77
5. Jennifer Nelson (5/13/2011).....	36:30.72

100-Meter Hurdles

1. Zekara Riggsbee (2004).....	14.08
2. Rachel Watkins (2013).....	14.20
3. Zekara Riggsbee (2005).....	14.25
4. Zekara Riggsbee (2004).....	14.30
5. Zekara Riggsbee (2004).....	14.33

400-Meter Hurdles

1. Rachel Watkins (5/23/2013).....	58.28
2. Rachel Watkins (5/23/2013).....	58.32
3. Rachel Watkins (5/10/2013).....	58.67
4. Laura Williams (4/12/14)	59.21
5. Rachel Watkins (5/10/2013).....	59.42

3000-Meter Steeplechase

1. Lucia Montefusco (2014).....	10:51.55
2. Lucia Montefusco (2014).....	10:54.48
3. Lucia Montefusco (2014).....	11:00.78
4. Amala Merritt (2001).....	11:15.08
5. Lucia Montefusco (2014).....	11:17.97

4x100 Relay

1. Williams, Wallace, Frye , Toussaint (2014).....	45.89
2. Williams, Wallace, Frye , Toussaint (2014).....	46.06
3. Williams, Wallace, Frye , Toussaint (2014).....	46.13
4. Williams, Wallace, Frye , Toussaint (2014).....	46.47
5. Williams, Wallace, Frye , Toussaint (2014).....	46.81

4x200 Relay

1. Dotday, Stein, Blackshear, Losey (2009).....	1:40.50
2. Taylor, Paulson, Blackshear, Williams (2006).....	1:41.21
3. Spann, Frye, Lewis, Toussaint (2013)	1:41.41
4. Losey, Stein, Gibbs, Blackshear (2008).....	1:41.48
5. Yanora, Cuvilly, Wallace, Dotday (2011).....	1:41.71

4x400 Relay

1. Williams, Lyons, Cute, Kornegay (2003).....	3:42.06
2. Williams, Barbante, Dickson, Kornegay (2004).....	3:42.74
3. Williams, Barbante, Dickson, Kornegay (2004).....	3:42.89
4. Williams, Garner, Isekenegebe, Frye (2014).....	3:44.47
5. Williams, Arneth, Dickson, Kornegay (2005).....	3:44.93

4x800 Relay

1. Cupp, Ball, Naumov, Garner (2014).....	8:53.78
2. Cupp, Ball, Naumov, Garner (2014).....	8:55.38
3. Cupp, Ball, Naumov, Garner (2014).....	8:58.73
4. Cupp, Ball, Naumov, Garner (2014).....	9:00.19
5. Eller, MacEwen, Hand, Toritto (4/25/2013).....	9:01.40

Sprint Medley Relay

1. Pratt, Devich, Froehlich, Phelps (2001).....	4:08.19
2. Riggsbee, Barbante, Saharic, Chester (2003).....	4:10.32
3. Saharic, Williams, Kornegay, Chester (2004).....	4:11.95
4. Winder, Rutecki, Walsh, Toritto (2011).....	4:12.60
5. Saharic, Riggsbee, Graham, Chester (2003).....	4:14.41

4x1500 Relay

1. Montefusco, Branco, Cupp, Engelberger (2014).....	19:12.20
2. Nelson, Eller, Altland, Montefusco (2011).....	19:15.91
3. Embrey, Lynam, Lantigua, Altland (2009).....	20:02.60
4. Embrey, Altland, Lynam, McKenna (2008).....	20:10.25
5. Abiola, Wallace, Guinther, Losito (2003).....	20:25.04

Distance Medley Relay

1. Eller, Hehn, MacEwen, Nelson (4/26/2012).....	11:58.75
2. Eller, Spann, MacEwen, Maher (4/25/2013).....	12:01.96
3. Eller, Williams, MacEwen, Maher (4/5/2013).....	12:02.65
4. MacEwen, Eller, Hehn, Nelson (4/7/2012).....	12:06.26
5. Hannibal, Devich, Werner, Phelps (4/7/2001).....	12:14.53

Shuttle Hurdle Relay

1. Lewis, Read, Olsen, Frye (2014).....	58.12
1. Watkins, Frye , Woods, Lewis (2013).....	59.94
2. Walsh, Watkins, Wilks, Sullivan (2010).....	1:00.47
3. Wilks, Watkins, Walsh, Sullivan (2010).....	1:00.98
4. Hayes, Anderson, Cirilli, Tomossone (1999).....	1:04.55

Long Jump

1. Tisifenee Taylor (2007).....	21' 6 ³ / ₄ "
2. Tisifenee Taylor (2007).....	21' 6"
3. Tisifenee Taylor (2007).....	21' 5 ¹ / ₄ "
4. Tisifenee Taylor (2007).....	21' 0 ³ / ₄ "
5. Tisifenee Taylor (2006).....	21' 0 ¹ / ₂ "

WOMEN'S ALL-TIME TRACK & FIELD TOP-5

Triple Jump

1. Mary Kate Walsh (2010) 39' 11.5"
2. Brittany Gibbs (2010)..... 39' 5.25"
3. Brittany Gibbs (2009)..... 39' 4¹/₂"
4. Brittany Gibbs (2010)..... 39' 3"
- Brittany Gibbs (2010)..... 39' 3"

High Jump

1. Rachel Watkins (4/21/2012)..... 5' 9³/₄"
2. Lindsey Walsh (5/11/2012) 5' 9.25"
- Lindsey Walsh (5/13/2011) 5' 9.25"
4. Alison Day (5/12/2012) 5' 8.75"
5. Alison Day (5/8/2011) 5' 8"

Pole Vault

1. Lauren McDonald (4/12/2014) 12' 1.50"
2. Lauren McDonald (4/24/2013) 11' 11.75"
3. Lauren McDonald (5/3/2014) 11' 7.75"
4. Lauren McDonald (4/25/2013) 11' 6.25"
5. Casey Sturts (4/18/2014)..... 11' 5.75"

Javelin

1. Kelsey Reese (2014) 164' 3"
2. Kelsey Reese (2014) 159'
3. Kelsey Reese (2014) 157' 9"
4. Kelsey Reese (2014) 153' 6"
5. Kelsey Reese (2014) 151' 3"

Hammer Throw

1. Symmone Fisher (2011) 188'0"
2. Symmone Fisher (2010) 181' 9"
3. Rachel Aliotta (2014) 183' 4"
4. Symmone Fisher (2011) 179' 6"
5. Symmone Fisher (2010) 178' 10"

Discus

1. Taylor Johnson (4/12/2014)..... 159' 10"
2. Taylor Johnson (4/24/2014)..... 159' 7"
3. Taylor Johnson (4/25/2013)..... 158' 7"
4. Taylor Johnson (5/3/2014).....
5. Taylor Johnson (5/10/2013)..... 156" 01'

Shot Put

1. Rachel Aliotta (5/3/2014) 49' 8.50"
2. Rachel Aliotta (5/10/2013) 49' 1.50"
3. Rachel Aliotta (4/18/2014) 48' 3.25"
4. Rachel Aliotta (4/25/2013) 48' 3.25"
5. Rachel Aliotta (5/29/2014) 47' 5.75"

Heptathlon

1. Ashley Huffman (3/30/2007).....5,043
2. Ashley Huffman (4/16/2005).....4,922
3. Ashley Huffman (4/16/2004).....4,857
4. Mary Wilks (4/10/2010).....4,838
5. Lindsey Walsh (5/12/2012)4,822

MONMOUTH TRACK ALL-AMERICANS



AUGIE ZILINCAR III Hammer Throw • 1968

Augie Zilincar III became Monmouth's first Division I All-American when he placed third at the 1968 NCAA University Division Finals in the hammer throw. During his senior campaign, Zilincar won the hammer throw at the Penn Relays, setting the meet record in the process, one that would last

for four years. Zilincar then went on to win the NAIAs and the NCAA College Division championships in the events before earning All-American honors. After the NCAAs, Zilincar went on to compete in the USA Olympic Trials.

Zilincar, a local product from Christian Brother's Academy, at one time held the Monmouth records for the hammer throw, weight throw and shot put. The Monmouth Athletics Hall of Fame member still owns the top-two marks in the hammer (207' 10" and 207' 1") at the school.



JON KALNAS Shot Put • 2000, 01, 02

Jon Kalnas holds the distinction of being Monmouth's only multiple All-American, earning the distinction in the shot put for the 2000 and 2001 indoor seasons and the 2002 outdoor season.

Kalnas took fourth place at the 2002 NCAA Outdoor Championship with his throw of 68' 8 1/4", while taking home fifth place at the 2002 Indoor Championship. He also hit impressive marks at the Penn Relays and the Millrose Games, winning the shot put at both of the events. The six time Northeast Conference shot put champion owns the top-five distances in school history for the indoor and outdoor shot put. The Paulsboro, N.J., native also captured the NEC title in the discus and was a eight-time All-East performer and three-time IC4A Champion. Most recently, Kalnas competed at the 2008 U.S. Olympic Trials.



JOE MADDEN Hammer Throw • 2001

Joe Madden headed to the University of Oregon as a MU senior looking to improve on his #18 ranking in the hammer throw. The senior earned All-America honors on his final throw of 206'11". Madden's toss is third in the MU record books behind two throws from fellow All-American Augie Zilincar.

Madden was named Outstanding Field Performer at the 2001 NEC Outdoor Championships after smashing his own meet record in the hammer throw. One week later he unleashed his second best throw of the season (205'4") at the IC4A Championships to earn All-East honors. That mark still ranks fifth all-time in West Long Branch.



BOBBY SMITH Javelin • 2005

Bobby Smith continued the tradition of Monmouth All-Americans in the throwing events when he claimed the honor in the javelin in 2005. At the NCAA's, Smith was in ninth place heading into the fifth of sixth throws when he unleashed a school-record toss of 229'7" to best his own school record by six feet. The throw moved him up to fifth place, where he would remain for the competition. The All-America performance wrapped a banner 2005 for Smith, who claimed the NEC title in the javelin, as well as becoming only the second athlete in school history to win an Eastern Championship, claiming the IC4A javelin title. He was also an All-East Regional honoree at the NCAA Division I Regionals.

In 2006, Smith threw 240' 8", winning the NEC and IC4A titles while also finishing second at the NCAA East Regionals. He earned All-Region honors again, advancing to the finals where he finished in 13th. Most recently, Smith captured the U.S. National Javelin Title at the 2008 Olympic Trials in Eugene, Oregon. Smith's personal best throw of 249' 6" won the prestigious event, topping the nation's best.



TISIFENEE TAYLOR Long Jump • 2007

Tisifenee Taylor became the fifth Monmouth University athlete, and first woman, to claim NCAA Division I All-American honors in 2007 in the long jump. She took home fourth place at the 2007 NCAA Outdoor Championships, earning the senior First Team All-America honors. Taylor's

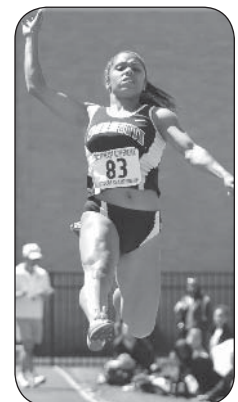
jump of 21' 5 1/4" took fourth place among all competitors, the second best finish for a Monmouth female athlete at any NCAA Division I Championship. Taylor then placed 13th in the long jump at the USA Track and Field Championships with a mark of 6.21m (20' 4 1/2") the best finish by a female member of Monmouth's track and field teams at the event. Taylor also was named Most Outstanding Performer at the 2007 NEC Outdoor Championship, helping the Hawks to win the team title. Most recently, Taylor competed at the 2008 United States Olympic Trials in the long jump.



Jon Kalnas



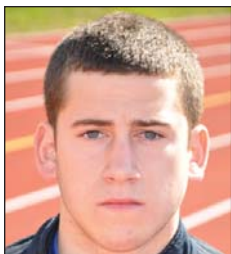
Bobby Smith



Tisifenee Taylor

1968 • 2000 • 2001 • 2002 • 2005 • 2007 • 2011 • 2012 • 2013 • 2014

MONMOUTH TRACK ALL-AMERICANS



VINCENT DUVERNOIS Javelin • 2011, 2014

Vincent Duvernois is one of a select few of two-time All-Americans in Monmouth track and field history, accomplishing the feat as a sophomore and senior. He finished up his sophomore year strong, earning Second Team All-American honors in the javelin during the NCAA Division I Championships in Des Moines, Iowa. The Springfield, Pa. native became the first sophomore in Monmouth history to earn All-American accolades with his 224' 2" throw at Drake University. With his 2011 selection, Duvernois became the first Hawk in four years to earn All-American status, and the first in six years to do it in the javelin. all-time at MU in the Javelin category. As a senior, he led a group of three to Oregon for the NCAA Championships, including javelin-mate McLean Lipschutz. His 238' throw in April 2014 is the third longest javelin throw in program history, and is the throw that propelled him to qualify for NCAA competition.



ERROL JEFFREY Shot Put • 2013

Errol Jeffrey earned a trip to the Division I Championships at the University of Oregon in 2013 with his 6th place finish in the NCAA East Preliminaries. His junior year had a strong finish, as he advanced to NCAA Championship Finals and earned honorable mention All-American status. At the NCAA Championships, Jeffrey delivered a 57' 4.25' throw after registering a 60' 08" to qualify. Jeffrey's 2013 was filled with accolades, including All-East honors. In MU's final season in the Northeast Conference, Jeffrey was both the Indoor and Outdoor Track Outstanding Performer in the NEC, in addition to earning Field Athlete of the Week six times. He earned First Team All-Conference mentions during the 2012-13 indoor track season for both the shot put and weight throw.



VINCE ELARDO Shot Put • 2012

Vince Elardo was named honorable mention All-American at the conclusion of his senior year in the shot put, becoming the first Hawk since Jon Kalnas did it from 2000-02 to earn the honors in the shot put. He earned a trip to Drake University to compete in the 2012 NCAA Championships, and registered a throw of 57'11.25" (17.66 m), which was good for 23rd. Elardo closed his collegiate career as a two-time USA qualifier, two-time IC4A Champion, a league-record 12-time Northeast Conference Champion, a four-time NEC Field Event Athlete of the Meet, and, in 2010, was named both indoor and outdoor Most Outstanding Field Performer.



Vincent Duvernois



Errol Jeffrey



RACHEL WATKINS 400 Hurdles • 2013

Rachel Watkins became the second woman in MU history to claim NCAA Division I All-American honors in 2013. She earned a trip to the University of Oregon during to finish up her Monmouth career, joining thrower Errol Jeffrey in 2013 as the first MU duo to win All-American honors in the same year. At the championships, Watkins crossed the line in the 400 meter hurdles in 1:01.06. During the East preliminaries, Watkins finished fourth in her heat and sixth overall, breaking her own personal school record in the 400 meter hurdles in four consecutive races. She left MU with the top 5 times in the 400 meter hurdles, with her personal best sitting at 58.28 seconds.



Rachel Watkins



Vince Elardo

1968 • 2000 • 2001 • 2002 • 2005 • 2007 • 2011 • 2012 • 2013 • 2014

MONMOUTH TRACK ALL-AMERICANS



MARIAH TOUSSAINT Long Jump • 2014

Mariah Toussaint became the first MU athlete ever to qualify for the NCAA Indoor Track and Field Championships, doing so in the long jump in February 2014. Toussaint entered the evening in Albuquerque in the top ten nationally in the long jump after her qualifying jump at the MU Blue/White Invitational in January. Toussaint earned 2nd Team All-American accolades after jumping 19' 10.25" at the Championships. At Monmouth's first ever Indoor MAAC Championships at the New York Armory, Toussaint scored 37 total points to help lead the MU women to a conference title. At the MAAC's, she won the 60 meter dash, the 200 meter dash, and the long jump in addition to a high jump second place mark.

**Mariah Toussaint****McLean Lipschutz****Dylan Capwell**

MCLEAN LIPSCHUTZ Javelin • 2014

McLean Lipschutz was part of the first trio of Hawks to earn All-American status in the same year. Lipschutz earned a spot in Oregon after throwing 230' 11" in Jacksonville during the NCAA First Round. Once in Eugene, he advanced to the NCAA finals after his third throw of 222'1" ranked him in the top nine in the competition, grabbing the last spot in the finals. He bested that with a mark of 225'7" in the finals on his fifth attempt, finishing just centimeters behind Missouri's MaCauley Garton, who claimed eighth at 225'8". Lipschutz qualified after a mark of 238" during April's Greyhound Invitational, which was one of the top throws in the nation during the regular season.



DYLAN CAPWELL 800 Meter Run • 2014

Dylan Capwell became the first Monmouth track athlete ever to qualify for the NCAA Outdoor Championships, doing so as a freshman. Capwell ran a 1:47.68 in the NCAA First Round in Jacksonville, his best collegiate time, to earn a trip to Oregon with two other teammates. Capwell had a strong freshman campaign for MU, competing in multiple events and winning at both the MAAC Championships and the IC4A Championships in the 800.

1968 • 2000 • 2001 • 2002 • 2005 • 2007 • 2011 • 2012 • 2013 • 2014